



## **Relationship counselling for people living with dementia and their carers**



Relate is offering free relationship counselling to help people in Doncaster who are living with dementia, and their loved ones who are caring for them.

Living with dementia can have a real impact on relationships.

Our fully trained counsellors can help you cope with the emotional impacts through couples, family or individual counselling sessions.

### **How it works**

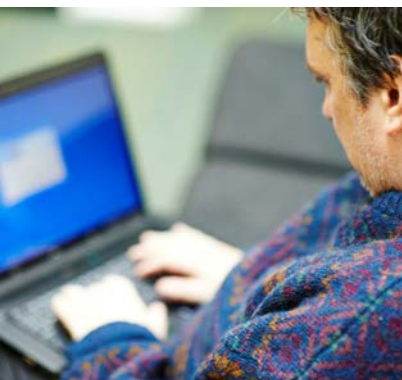
- Access up to 5 private and confidential counselling sessions either face to face, or over the phone
- Call 01302 380280 to speak to a consultant and book an appointment
- Alternatively you can speak to our counsellors online via live chat at [www.relate.org.uk/dif](http://www.relate.org.uk/dif)

Talk to someone now

01302 380280

[www.relate.org.uk/dif](http://www.relate.org.uk/dif)

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the relationship people



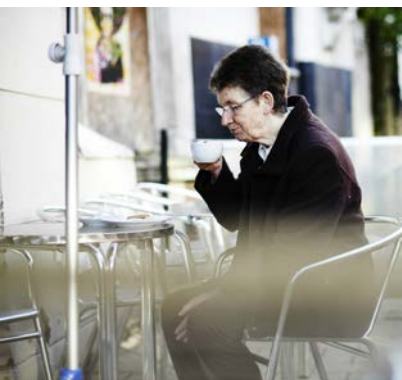
## Who we can help

To be eligible for free counselling, there must be one person in the relationship who is:

- living with dementia
- aged over 50
- a Doncaster resident, or is registered with a Doncaster GP.

We accept self-referrals, and referrals from health professionals or partner organisations.

**If you would like to find out more, for yourself, or on behalf of someone you care for, please contact us on 01302 380280 or visit [www.relate.org.uk/dif](http://www.relate.org.uk/dif)**



This service has been funded as part of Doncaster Council's Innovation Fund to develop local services and maintain people's independence.

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