trust matters
October 2013

Awards special

News for Rotherham Doncaster and South Humber NHS Foundation Trust staff and members
Hello everyone and welcome to the October edition of Trust Matters.

Hello and welcome to this month’s edition of Trust Matters and to our awards special!

On Wednesday 25 September the Trust held its Annual Members’ Meeting and Awards Ceremony at the New York Stadium in Rotherham - and what a fantastic evening we had. The event gave us an opportunity to celebrate all that is great about RDaSH care, services and staff, with nominations and shortlisted entries from services across the Trust’s footprint.

Special congratulations go to all the winners and runners up, and in particular to the Facilities Team, who won the Support Team of the Year award and then topped the evening off with being recognised with the Chairman’s Award for 2013. Well done!

Celebrating success is an important part of the Trust’s work, as is promoting innovation and research. On 7 November we are hosting the Trust’s Annual Research Conference in Rotherham at which we will showcase examples of leading edge research happening across the Trust, see page 15 for more details.

October has also seen the launch of the Fit 4 the Future (F4F) Leadership Development Programme. After attending the two launch dates and meeting the 300+ colleagues who will be joining me on exploring our leadership behaviours and organisational culture, I sense a real buzz about the place. I have already been asked about F4F 2 and how other staff can get involved in this piece of work – watch this space for details of how we hope to roll out the programme in 2014.

Finally, a huge thanks to everyone for their hard work and efforts during what I know is a very busy time for services and staff – you are doing a great job.

Have you looked at the Chief Executive’s blog for staff? You can read the latest entry on the staff intranet by following: http://nww.rdash.nhs.uk/ceo/

Check out the RDaSH forum at: http://nww.forum.rdash.nhs.uk/

Be a Flu fighter!

protect yourself, your family and your patients, get the jab

£10 weekly prize draw and a final grand prize draw of an iPad to be won!

All of the flu vaccination sessions are at: http://goo.gl/eWFOor

If you have your flu jab at your GP surgery, please complete the form at the link above, and you will be entered into the prize draws.
Awards matter

Awards ceremony honours staff

It was Madeleine Keyworth’s final time presiding over the ceremony before she retires in November, after heading up the Trust for 12 years. She said: “These awards showcase the skills, talent and commitment of all our staff.

“We were delighted to receive over 200 award submissions this year, which is a remarkable response, and demonstrates the excellent work that goes on within operational and support services across the Trust.

“The RDaSH Facilities Team were the overall winners of the Chairman’s Award in recognition of their work, across all our localities to keep the Trust functioning day to day.”

The winners

Chairman’s Award and Support Team of the Year

Facilities Team
The facilities team comprises catering, laundry, domestics, logistics and the sewing room, who provide their services across the Trust.

Just over a year ago this group of staff were given the news that their services would lose around £0.7 m income as a result of Doncaster and Bassetlaw Hospitals Foundation Trust moving off the Tickhill Road Site. They worked with senior management to complete a significant service restructure to offer more flexibility and reduce costs to offset the loss of income.

The review was a difficult time, but the team stood strong and their approach was commendable. They fully engaged in the service review and the change process, and the service to patients, staff and retail outlets were not affected.

Paul Barratt, Head of Estates and Facilities, said: “We are very pleased to win this award. It’s lovely to be recognised. The award entry was for the full team and it’s a huge well done to all of our staff who all do a magnificent job day in day out.”

They ensure front line services have the support they need to offer a quality service. They work hard, make no fuss and provide service with a smile.
Awards matter

LWQ Leadership

Winner; Vikki Sullivan, Manchester Early Intervention in Psychosis

LWQ Personalised care

Winner; Wheelchair and Special Seating Service, Doncaster

Runner up; Vicki Brown, O/T Rotherham Memory Service and Holly Newton, O/T Integrated Community Older People’s Mental Health Service

LWQ Record keeping

Winner; Community Assessment and Intensive Support (CAIS) team and Sapphire Lodge Learning Disabilities Service, Doncaster

Runner up; Lorraine Preston and Wendy Batchelor, Substance Misuse, Drugs and Alcohol Service
Awards matter

Winner; Glynis Smith, Onyx Centre, Doncaster. Collected on Glynis’s behalf by Jacky Crawshaw, left and Jayne Thompson, far right

Runner up; One Team Working, East Pathfinder - District Nurse Leads and Community Matrons, DCIS

Runner up; Options team, Peer Support Training, Mental Health Recovery. Adult Mental Health Community

Patient experience and carer involvement

Learning Disability Services, Doncaster (Dr David Newman, Dr Babur Yusefi and Jordan Perry, Onyx Centre and Badsley Moore Lane)

Clinician of the year

Helen Hickling, CAMHS Doncaster. Collected on Helen’s behalf by, Paul Farrell

Runner up; Barbara Kiely, Neuro Rehabilitation Unit, Magnolia, DCIS
Awards matter

Support worker of the year

Winner; Clare Ward, Amber Lodge, Doncaster

Support team of the year

Winner; Facilities Team, Doncaster

Runner up; Susan Donald, Laundry, Facilities. Collected on Susan’s behalf by, Lisa Grandcourt

Runner up; Performance Support Workers Doncaster

Clinical team of the year

Winner; Assertive Outreach Team, Swallownest Court, Rotherham

Runner up; Osprey Ward Nursing Team, Swallownest Court, Rotherham and Young Oncet Dementia Service, Doncaster
Awards matter

Quality care award

Winner; Community Memory Therapy Service, Doncaster

Winner; Dashed Hopes

Runner up; Rachel Matharoo, Peer Support Worker, CAMHS

AMM and awards snap shots:
Mel shortlisted for leadership award

Mel Gibbons, our District Nurse Clinical Team Leader for the North Area, has been shortlisted in the NHS Leadership Recognition Awards for her work at RDaSH.

Mel was chosen for her introduction of the district nursing capacity and demand work and roll out of the complexity tool to all patients. She will head to the regional NHS Leadership Awards event at the Royal Armouries Museum in Leeds in November.
Help us raise money for the hospice

St John’s Hospice in Doncaster is set to undergo a £1.8 million transformation.

The scheme, which will improve and update the hospice, is being funded mainly by a Department of Health grant, with support from the Cancer Detection Trust and the RDaSH Hospice Charitable Funds.

However, there is a funding gap of £500,000, so the St John’s Hospice Development Appeal has been launched to raise the money over the next 12 months.

Work on the revamp, which will get underway once the tender process is completed, will see the hospice on Weston Road, Balby completely renovated to provide a modern, welcoming, comforting and supportive environment for Doncaster’s patients facing a life-limiting illness, along with their families, carers and friends.

The extensive work will result in the relocation of the main entrance to provide easier access, and the conversion of the current ward area to accommodate ten ensuite single rooms. This new accommodation will provide a quiet personal environment, privacy, dignity and at a time when it is needed the most. The day care area will be completely refurbished to provide a calming, restful environment in which patients can relax and be supported by staff to better cope with their illness, and where they can take part in creative activities. In addition there will be a separate entrance for ambulances to give patients direct access to the ward.

But all this comes at a price. Doncaster residents, together with RDaSH staff, patients and service users can get involved to help raise money to support the project. This could be by holding a sponsored walk, a car boot sale, or a coffee and cupcake morning – every penny raised will help towards the development of Doncaster’s much loved hospice.

Helen Thompson from the hospice said: “We want St John's Hospice to be more homely, modern and comfortable for patients. The improvements will support the health professionals who work here in delivering unique, personal, best quality care for patients, their carers and families.”

Carol Spiller from the Doncaster Cancer Detection Trust said: “We are happy to support this project. We have a lot of fund-raising to do over the next 12 months, but we know that with the support of Doncaster people we can do this. The money will benefit Doncaster patients who need help and support at a tough time in their lives.”

Anyone who would like to donate to the appeal is asked to ring Alison Constantine at the hospice on 01302 796662.

For more information of how to donate visit: www.rdash.nhs.uk\hospiceappeal
Registered charity no: 1055641

Follow us on: Facebook stjohns.appeal Twitter @stjohnsappeal
Doncaster grandmother to skydive for hospice

A brave Doncaster nan is to skydive from 15,000 feet to raise money for the St John’s Hospice Development Appeal.

Sheila Barnes, 76, from Warmsworth in Doncaster (pictured) is RDaSH’s lead governor. She will take the giant leap in a tandem jump. Nan-of-six Sheila, who has previously skydived and raised £2,500 for charity, said: “I’m not scared; I’m looking forward to it. The hardest part is getting into the plane because of all the gear you have to wear.”

Sheila will do the jump at 10am on 9 November, setting off from Hibaldstow airfield in North Lincolnshire.

Anyone who would like to sponsor Sheila is asked to get in touch at: sheilabarnes7@aol.com

Staff make special delivery to hospice

St John’s Hospice gave a warm welcome to big-hearted staff from Wincanton’s Redhouse depot when they dropped in with a cheque for a whopping £5,000.

They raised the money through cake sales, raffles, treasure hunts and a 132-mile charity bike ride from Doncaster to Hull following the Trans-Pennine Trail.

Wincanton’s Bev Cook said: “We raise a lot of money for various charities, but this time we chose our local hospice, because it’s so close to many of our hearts.”
New chairman appointed

Lawson Pater (pictured) is to be the new Trust Chairman.

He will take over the role on 1 December when the current chairman, Madeleine Keyworth, retires.

Lawson, who lives in Doncaster, is currently a non-executive director at RDaSH and he has previously served as a carer governor.

The appointment was made by RDaSH’s Council of Governors. Lead governor Sheila Barnes said: “We were impressed with Lawson’s experience and he has demonstrated the qualities and the ambition we need to take RDaSH forward.”

Current chairman Madeleine Keyworth said: “I want to congratulate Lawson and I’m sure he will do a fantastic job.

His previous experience both as a governor and non-executive director at the Trust will be of great benefit.”

Lawson said: ‘I am delighted to be appointed to lead the Board and Governors in what are increasingly challenging times for the NHS. I look forward to working with patients, service users, carers, staff, governors, commissioners and partners to continue to improve our services”.

Boost for Hospice at Home Service

A generous donor has given the Hospice at Home Service six baby monitors to lend to Doncaster carers who are looking after a loved one coping with life limiting conditions towards the latter stages of their illness.

The monitors give reassurance and peace of mind, and act as a listening ear when carers are not in the same room, providing greater flexibility and independence.

Teams are stars of small screen

Our Stop Smoking staff were the stars of the small screen when ITV’s Calendar popped in to film them in action at Doncaster Royal Infirmary (DRI).

The team promoted quitting in the DRI’s Women’s Hospital and at the Montagu Hospital as part of Stoptober, a national campaign to try to get more people to stamp out cigarettes.

Meanwhile, one of our sexual health outreach nurses will be on Channel 4 next year after filming at the Northern Racing College. Liz Dyson was filmed giving a sex education lesson to a class.
Trust celebrates World Mental Health Day

It was World Mental Health Day on 10 October, and in true RDaSH style our staff worked hard to raise awareness and promote positive mental wellbeing.

Graffiti walls and posters get young people talking

In Doncaster our Children and Young People’s Mental Health Service (CAMHS) took part in an event at Doncaster College where they hosted a consultation on their pilot to allow young people to self-refer into the service. Students were also invited to write positive mental health messages on a graffiti wall.

The CAMHS business division also launched a participation and consultation poster campaign across its teams in Rotherham, Doncaster and North Lincolnshire. The posters pose five questions to service users and their families.

The campaign will run in Scunthorpe, Rotherham and Doncaster in the form of graffiti wall posters, on which service users and families will be invited to respond to five questions: What positive messages would you give to people about mental health? Where would you like to be seen for your appointments? What would you like from the service? What would you like from the staff? and Who would you go to talk to about your mental health?

The findings will inform how we shape our services including the views of children, young people and families.

Cake, cuppa and quiz

Service users and staff at Swallownest Court in Rotherham took part in a quiz to celebrate the day. The quiz looked at famous people who have experienced mental health problems and the things they have been able to achieve by overcoming their personal difficulties. It raised lots of good discussion and positive thinking about the future.

Quiz master, Senior Occupational Therapist Beth Sidaway also did some baking in the psychiatric intensive care unit and made some homemade cakes and treats for everyone to enjoy.
Trust celebrates World Mental Health Day

Rotherham teams set out their stalls for mental health

NHS staff and carers in Rotherham who provide care for people experiencing mental health problems set out their stall in support of World Mental Health Day.

Our Community Therapies Team held a stall at ASDA, and staff from our Vocational Service and Carer Team joined representatives from local carers' support group Carers 4 Carers at Rotherham Hospital to raise public awareness of mental health issues, and provide information about the wealth of local support available to anyone experiencing mental ill health - and their carers - in Rotherham.

RDaSH clinical lead occupational therapist Gillian Whall said: “World Mental Health Day is all about raising awareness of and talking openly about something which really can affect us all.”

She added: “We were delighted that over 120 people visited our stall for information and guidance on the day, and hope we’ve helped to reduce some of the stigma associated with mental health.”

New team is in a good mood

The Trust’s Early Intervention in Psychosis (EIP) and Assertive Outreach teams in Rotherham joined forces with the Rotherham United Community Sport Trust to form the Rotherham United Inclusion team.

At a fantastic indoor venue in Huddersfield, 10 teams battled it out for the Good Mood Cup tournament to celebrate World Mental Health Day. The Inclusion team, pictured, played some of West Yorkshire’s more established mental health teams, showing good spirit and working hard in all games.

Chris Bennington from the EIP service said: “As a player, coach and mental health worker, I can say that mental health football is a lifeline to breaking down stigma and making good friends.

“The aim of this team is to provide empowering opportunities for people with mental health problems to take part in positive physical activity, improve confidence, learn new skills and overcome challenges in their mental health. They use football as an engagement tool and to fight stigma associated with mental health problems.”

If you know of any funding opportunities to enable the team to move forward and attend more tournaments, or if you have a team and would like to play a friendly match, please contact: Christopherbennington@rdash.nhs.uk or sean.graves@rotherhamunited.net
Trust celebrates World Mental Health Day

Bus is on the move

A bus packed full of information was in Doncaster town centre help stamp out the stigma surrounding mental health.

Doncaster Council Public Health, Mind, RDaSH Older People’s Mental Health Service and Age UK were on board to share information about mental wellbeing and the services available locally.

It was part of the NHS and Doncaster Council’s Public Health teams’ work to support World Mental Health Day. Each year it has a different focus and this year’s was the positive aspects of good mental health in later life.

Councillor Pat Knight, Cabinet Member for Health and Adult Social Care, said: “We are proud to support World Mental Health Day by spreading the word about the mental health services available in Doncaster, and what people can do to improve their mental wellbeing.”

A mental wellbeing awareness day for Doncaster Council staff was held by the authority’s public health team. Staff were able to access information about mental wellbeing and learn more about the impact of a healthy diet and physical activity on mental health.

Out and about

- Children and Young People’s Mental Health Services from RDaSH were at Doncaster College to share information with students about mental wellbeing and the services available.

- RDaSH's Edlington health visiting team promoted positive mental health during an antenatal event at The Martinwells Centre. The school nurse team did the same during its weekly health drop-in at Sir Thomas Wharton School in Edlington.

- Sam Daniels delivered her first Mood Master session at New Beginnings Drug and Alcohol Service in Doncaster to mark World Mental Health Day. She said: “The course is really liked by service users as it helps them to reframe their thinking and cope with feelings and beliefs.”
We rounded our World Mental Health Day celebrations off with a football match at the Keepmoat Stadium. It was between RDaSH FC (front row) and an away team made up of players from Doncaster’s Clinical Commissioning Group and Doncaster Council.

Despite being a cold, wet, windy night, RDaSH fielded a good side of players - and even had to lend a few to the opposition! It was a competitive and closely fought game, but the lads from RDaSH only managed to score one goal, eventually losing four-one.

*Hard luck lads – better luck next time!*
Service users craft themselves a new pattern for life

A craft group set up at Swinton Health Centre in Rotherham has given a group of people with mental health problems a new purpose in life.

The group was masterminded by staff from the Intensive Community Therapies Service, part of Adult Mental Health, for service users who found accessing therapies in a traditional setting difficult to deal with.

Over the past three months they have tried their hand at a variety of craft activities, including knitting, bunting-making, ceramic painting and card making, while also receiving therapy from NHS professionals.

The weekly craft sessions fostered positive and supportive relationships between group members and saw them developing their confidence and self-esteem to such an extent that they recently held their first craft fayre at Swinton Health Centre.

RDaSH social worker Donna Jalam said: “Some group members hadn’t felt able to go out in public for several years. Although low in mood, anxious and sometimes fearful of talking to other people, they have shown great progress towards mental health recovery.”

Occupational therapist Sarah White said: “We’ve had great feedback from people who say that they feel happier and calmer, and their lives now feel like they have a purpose. We’re delighted to have made such an impact.”

Workscheme Christmas orders

Christmas is fast approaching and for a limited time the RDaSH Workscheme at St Catherine’s will be open every Tuesday and Wednesday between 10am and 3pm for orders of personalised toy boxes and blanket boxes.

But hurry - to guarantee your goods will be ready for Christmas you need to place your order by Wednesday 23 October.

If you’re stuck for smaller gift ideas, the Workscheme also stocks and refurbishes garden furniture and bird boxes. And if you’re looking to encourage more wildlife into your garden, there are bird feeders and hibernation habitats for hedgehogs, frogs, and insects. Their newest line includes a hibernation box for hedgehogs with an insect and bumble bee ‘attic’.

For all queries, please contact Patrick Sherry on (01302) 796265.

Workscheme’s Patrick Sherry bought a toybox for his grandson, Atticus (pictured)
Staff and service users at the Eclipse Centre in Doncaster held their own ‘bake off’ and raised £160 for Macmillan Cancer Support’s Biggest Coffee Morning.

Staff invited RDaSH non-executive director Kathryn Smart and nursing assistant Kevin Tyler to be their own Mary Berry and Paul Hollywood to judge the home-made cakes, which had been baked by staff and service users.

The winning bake was a batch of carrot cake muffins made by RDaSH charge nurse Morag McKay Ellison, who said: “The bake off was great fun and brought on some friendly rivalry among staff, who’d kept their creations secret until the day.”

At John Street Nursing Home in Rotherham staff and service users raised nearly £200 at their Macmillan Coffee Morning. As well as selling hot drinks and homemade cakes and buns, they invited visitors to guess how many coffee beans were in a jar and held a ‘name the cake’ competition.

Staff also raised over £600 by taking part in the Race for Life in the summer. Rachel Oxtoby said: “The work of these charities is close to all our hearts at John Street, after a resident and staff member were both diagnosed with cancer earlier this year.”

It wasn’t just our learning disabilities service users and staff who held Macmillan coffee mornings:

- Coral Lodge rehabilitation and recovery unit in Doncaster raised £130
- Stapleton Road Resource Centre, which is the base for Doncaster’s adult mental health recovery and social inclusion teams, raised £162
- Rotherham Drug and Alcohol Service at Swinton Health Centre raised over £100
- At Clearways in Rotherham, Drug and Alcohol Service clients dedicated three days of their time to baking and raised over £120.
Walled Garden open day plant sale success

Green-fingered volunteers at The Walled Garden are helping it to flourish by selling plants at open days.

An open day in September to sell the plants and shrubs also included face painting for the kids, children’s craft activities and a pets’ corner.

*Keep your eyes open for details of the next open day to be held on 1 December.*

Helping patients back into work

A Doncaster patient is gaining skills to help him into the world of work, thanks to the Walled Garden.

Andy Pringle, 47, who suffers from depression, started as a volunteer at The Walled Garden. Later, as part of his catering studies at Doncaster College, Andy needed practical experience in a kitchen environment.

Occupational therapist Amanda Duffy worked with Andy to get him experience in The Garden Café at Tickhill Road. Amanda runs a scheme called Flourish Enterprises Vocational Pathway for people who want to work towards re-entering education, training or employment.

Andy said: “I feel well at the moment and I want to try gaining practical experience in a catering environment to help build my confidence and to gain the essential work skills that I need. I’m hoping this is a steady progression into paid work.”

The Walled Garden is part of Flourish Enterprises, a social enterprise at RDaSH which supports people with mental health needs and learning disabilities. Flourish currently has 18 people on placements in a range of areas across the hospital site. Service users can choose from working in catering, customer services, administration and clerical work, horticulture/gardening, post room work, design and print or retail.
Doncaster Community Integrated Services (DCIS)

Living Well with Cancer
The Living Well with Cancer in Doncaster event was held on 1 August at the Doncaster Racecourse. Eighty-six people joined us on the day, of whom a significant number volunteered to become involved in the future work of the project.

Using what we heard at the event, we have set the direction for the next phase of the project which will look at: Raising the awareness of cancer survivorship in Doncaster Strengthening relationships with employers, the voluntary and community sectors, and primary care Understanding the needs of carers Providing opportunities for cancer survivors to talk to someone who has been through it Making sure cancer survivors can get the support they need, at the right time for them, from people who understand survivorship.

The contact for the project is Mary Riches mary.riches2@gmail.com or 07989193339. The Living Well event report and survey results are available at: http://www.doncasterccg.nhs.uk/1719/living-well-with-cancer/

Campaign goes local to raise men’s cancer awareness
St John’s Information Service went out and about around Doncaster providing information and advice in support of the Blue September campaign, which aims to raise awareness of all cancers and the lifestyle choices that men can make to reduce their risk.

Joanne O’Marr, who manages the service said: “Around 81,000 men die from a cancer-related condition each year, and about 154,000 are newly diagnosed. Compared to women, men are 40 per cent more likely to die of cancer and 60 per cent more likely to develop lung or bowel cancer. These statistics show that it’s time for men to face up to cancer.”

Older People’s Mental Health Services

Practice Development Day
The second of this year’s Practice Development Days for Older People’s Mental Health Services was held on 19 September at The Woodlands in Rotherham.

It provided the platform for colleagues to share and network areas of learning and good practice, along with the opportunity to promote specific areas of innovative work from their teams.

The theme for the morning included the Francis report. The focus of the day was looking at the more recent publication by Don Berwick and the fundamental principles of the culture within our care.

During the afternoon presentations were made from staff members of the inpatient areas at The Woodlands, highlighting current work underpinned by the 6Cs (Compassion, courage, competency, care, commitment, communication) vision and strategy.

The day concluded with an insightful look at how issues are brought to the attention of the patient experience team through compliments, concerns and complaints.
**Drug and Alcohol Services**

**Recovery coaching brings people together**
Over 20 staff from across the Drug and Alcohol business division, including volunteers and mentors, came together in recovery week to participate in recovery coaching, learning skills about supporting people in recovery.

This was an opportunity for the group, pictured, to reflect on the tools that help people sustain their recovery alongside clinical treatment.

**Children and Young People’s Mental Health Services (CAMHS)**

**Disability awareness training to Doncaster school**
Staff from RDaSH and a volunteer from the Personalisation Forum Group (PFG) group were invited to give a presentation to year 11 pupils at Campsmount Community Academy Trust as part of a disability awareness day held at the Ryecroft Road School.

Tony Hudson and Rachael Matharoo, CAMHS peer support workers, Jacqui from PFG and Nick Arkle, RDaSH patient engagement lead spoke about mental and physical health and how this may impact on young people, and how to develop ways of coping and recovery.

In an email from the school, thanking the speakers for the event, Campsmount said: “Days later the students are still talking about how powerful the session was and how much they enjoyed and appreciated the honesty with which the speakers spoke.”

**Adult Mental Health Services**

**New mental health group starts in Doncaster**
A new group has been set up by RDaSH staff in Doncaster to help people who have mental health needs.

The group helps members increase their confidence and self-esteem, to gain a sense of belonging, socialise with people in a similar situation, talk about their problems and help each other as they work towards feeling better.

Based at the Keepmoat Stadium every Tuesday afternoon, the group has a packed ten week programme including healthy eating, football to suit all abilities, advice workshops, gym opportunities, a chance to gain a vocational qualification, and an opportunity to work alongside a qualified Doncaster Rovers coach.
Doncaster hand hygiene lessons are award winning

A Doncaster nurse who teaches the importance of hand hygiene to people with learning disabilities has scooped a national award at the Infection Prevention 2013 conference at Excel London.

RDaSH community learning disability nurse Doneena Salmon received a ‘Highly Commended’ accolade in the national schülke Hand Hygiene Champions of 2013 awards for developing a teaching package specifically tailored to the needs of the people she looks after at her clinic in Balby.

Doneena and her team support adults with learning disabilities to live safely in the community, and use innovative ways to communicate with them to promote healthy living. She developed the hand hygiene training to show them the importance of clean hands in reducing the risk of infection.

Doneena said: “The sessions have proved to be very popular with service users and always generate lots of discussion. We use lots of visual aids and role play to consider every day scenarios where clean hands are important. And everyone enjoys using our ultra violet light box to check on the effectiveness of their hand washing technique.”

Commenting on Doneena’s award, a spokesman for schülke said: “Doneena thoroughly deserves recognition for the work she has done for the Trust, she is a true inspiration with an innovative and engaging approach to hand hygiene.”

The Hand Hygiene Champion awards were established in 2011 to recognise and reward excellence in hand hygiene practices. Nominations were invited from across all sectors of healthcare and the judges were looking for entries which demonstrated ‘going the extra mile to promote hand hygiene’, a multi-modal approach, being a role model for colleagues and showing an innovative approach.

RDaSH community learning disability nurse Doneena Salmon (left) with Claire Wilson of schülke UK Ltd at the Hand Hygiene Awards 2013.
It’s morale-boosting to get a pat on the back, or a ‘thank you’ from colleagues, managers – and perhaps especially, patients and service users.

Here, in ‘Their opinion counts’, a new regular feature in Trust Matters, is a selection of comments and compliments from the Your Opinion Counts forms.

**Memory Clinic**

“We are unbelievably delighted by the response, professionalism, reassurance and sensitivity with which your teams have helped us over a very difficult period – we really can’t thank you enough.”

**Community Intermediate Care Team (CICT)**

“We are unbelievably delighted by the response, professionalism, reassurance and sensitivity with which your teams have helped us over a very difficult period – we really can’t thank you enough.”

**Laurel Ward – Great Oaks**

“Staff always had time to explain my father’s behaviour and needs. All staff very knowledgeable on dementia – the support they gave us as a family from all levels – consultant, matron to care staff – we benefited from their advice and knowledge.”

**Health Visitors (Baby Massage)**

“Ann and Debra running the session were very helpful and patient and gave great explanations at every stage – and the massage helped my baby relax!”

**Intensive Community Therapies**

“Being encouraged to join in the boat trip and the craft fair … the boat trip was relaxing and built my confidence up … staff are really supportive and their encouragement really helps. Staff and service users are amazing – they understand what you are going through.”

**Wheelchair and Special Seating Services**

“Martin was a breath of fresh air … he explained everything and more about the wheelchair and the aftercare services on offer.”

**The Junction**

“I’ve been on detox before … but I think the way the treatment – the way it’s all worked out – vitamins etc and support – is brill – I’m drink free for good.”

**District Nurses**

“Every aspect of my treatment was excellent – friendly, competent staff. I could not wish for better care/treatment.”

**Community Therapies – Intensive**

“The care afforded to me by my counsellor was of the highest standard and conducted within a safe and caring environment … with the help of Jackie I have been enabled to re-empower myself … and this was done by her in a very empathetic, non-judgemental, friendly, yet extremely professional manner.”
Welcome to Manni
Manni Imiavan is to join the Trust on 1 December as Deputy Director of Information and Performance.

This is a new role, resourced from the vacated Deputy Director of Business Assurance. It is key to providing strategic leadership in the continued improvement of data quality, information reporting and business intelligence.

Manni's team will work closely with the business support units to ensure that the Trust has clarity about the problems and priorities in these areas from a business division perspective and bring together resources to find solutions.

A former Business Analyst at Barclays Bank, Manni's current role is Head of Information Services and Business Intelligence at Royal Surrey County Hospital in Guildford.

New starters
Peter Storer, 1 Jubilee Close; Dr Samuel Turton, Adult Mental Health Services; Emma Broadhea, Amber Lodge; Amanda Connolly, Amber Lodge; Jennifer Goodwin, Assessment & Treatment Unit; Emily Overton, Business Assurance; Lindsey Shaw, Cardiac Rehabilitation; Debra Leggott, Cardiac Rehabilitation; Rebecca Collins, CAYPMH Rotherham; Samantha Queen, Central Adults District Nursing; Rebecca Appleyard, Central Adults District Nursing; Trudy Blenkinsop, Central District Nursing; Adrienne Doughty, Central District Nursing; Christine Mundowa, Central Sexual Health; Cheryl Weetman, Central Sexual Health; Keeley Rowley, Central Sexual Health; Katherine Plevey, Central Sexual Health; Dr Ashique Selim, Clearways; Jade Hamilton, Community Intermediate Care Team; Simon Darby-Smith, Community Intermediate Care Team; Sandra Lent, Community Intermediate Care Team; Karen Atkins, Community Nurse Bank; Phoebe Hamilton-Harrison, Domestics, Tickhill Road; Dr Lindsey Rowland, Doncaster Access Team, Alexandra Armstrong, Doncaster CAMHS; Gareth Savage, Doncaster CAMHS Graham Titterton, Doncaster CAMHS; Dr Rosanna Keegan, Doncaster Inpatients Dr Andrew Slattery, Doncaster Inpatients; Jane Hannath, Early Intervention Team (Scunthorpe); Carys Amies, East Children’s Community Nursing; Samantha Burgin, East Children’s CSP Students; Jacqueline Allmark, East Children's CSS Students, Louise Arundel, East Children's CSP Students; Cheryl Cook, East Children's CSP Students; Jemma Thorpe, East Children's CSP Students; Dr Kanmani Balaji, Great Oaks; Dr Ana – Maria Tamas, Great Oaks; David Leslie, Great Oaks; Louise Goulding, Hawthorne; Robert Beatty, Information; Gurpreet Kaur, Information Technology; Dr Adrian Phillips, Inpatient Services; Cathy Eadon, Neuro Services Occupational Therapy; Samantha Foxton, North Children's CSP Students; Bridie Donoghue, North District Nursing; Jessica Baxter, North Lincs Bank Staff; Mark Gibson, North Lincs Bank Staff; Wioletta Adamus, North Lincs Bank Staff; Lucinda Wade, North Lincs IAPT; Dr Salihah Mughal, North Lincs Medical Staffing; Dr Ambreen Qayyum, North Lincs Medical Staffing; Kulwinder Kaur, Older People’s - Tennyson Ward; Kelly Robinson, Older People's - Tennyson Ward; Dr Christopher Bennett-Britton, Rotherham Inpatients; Dr Katherine Caley, Rotherham Inpatients Leanne Stache, Rotherham Recovery Team; Brooke Fothergill, South Children's Nursery Nurses; Janet Severn, South Children's School Nurses; Tracey Lant, Substance Misuse Doncaster; Carol Scott, Tickhill Road Kitchen; Lauren Corkan, Undergraduate Medical Education; David Cruise, Wheelchair Services.

Retirements
Staff waved farewell to Susan Gordon and Julie Ball recently.

Susan and Julie worked for the Doncaster Community Integrates Services.

Pictured from the left at their retirement party is Jill Cowley, Susan Gordon and Julie Ball.
Your membership counts!

Would you like to meet your Governor?

Would you be interested in seeing how the Council of Governors and the Board of Directors conduct their business?

Do you have a question for us?

Would you like to share your views or ideas with us?

If you have answered yes to any of the above questions, why not come along to one of our public meetings? These are a really good opportunity to find out what is happening currently to local health services provided by RDaSH.

You will find out information about the Trust’s performance and finance and find out what governors have been doing to represent the views of members. Perhaps you are considering standing for governor in our next elections and would be interested in some of the things our governors are involved in. The Council of Governors and the Board of Directors will be there to answer your questions and would be happy to hear your views.

Our meetings are held across all our localities to offer as many members as possible the opportunity to attend at least one of them. Dates of forthcoming meetings can be found below and full details, including agendas and associated papers, can be found on our website (www.rdash.nhs.uk) or by contacting the Foundation Trust Office.

Meeting dates for your diary:

31 October – Public Board of Directors Meeting, RED Centre, Tickhill Road Hospital, Doncaster, 9am

12 November – Council of Governors Meeting, RED Centre, Tickhill Road Hospital, Doncaster, 9.30am

28 November – Public Board of Directors Meeting, Glanford Park (Scunthorpe United Football Club), Scunthorpe, 9am

19 December – Public Board of Directors Meeting, The Spectrum, Rotherham, 9am.

If you cannot attend any of our public meetings but would like to ask a question or share your views, contact any of our governors on Freephone 0800 015 0370.

It takes all sorts to make a successful Council of Governors...

For more information call free on 0800 015 0370
Email ftmembership@rdash.nhs.uk
or visit our members’ section at www.rdash.nhs.uk

follow us on twitter at rdash_nhs
There will shortly be a number of opportunities for members who are thinking about standing as governors in our next round of elections over the next few months. The elections will be for the following vacancies:

- **Learning Disability Service User** - 1 seat
- **Mental Health Service User** - 1 seat
- **North East Lincolnshire Public** - 1 seat
- **Community Services Patient** - 2 seats
- **Community Services Carer** - 2 seats

More information will be available shortly on the Members’ Corner of the Trust website at [www.rdash.nhs.uk](http://www.rdash.nhs.uk).

To coincide with the elections, members will be invited to come along for tea and cakes and learn more about being a governor at a series of information sessions. Details will be available on the website or will be circulated by email to eligible members.

Cheryl Watkinson, Foundation Trust Office Manager said: “We have many really enthusiastic members who have lots of experience of the services we provide or of their local area. We hope that some will decide to stand in the elections and become one of our next governors representing other services users, patients, carers or others living in their communities.”

Want to find our more?

Remember you can contact any of our governors on Freephone 0800 015 0370. Or visit our members corner at: [http://goo.gl/yMsfyh](http://goo.gl/yMsfyh) and download the pdf document.

Join us...

We’re always looking for new members – people who would like to know more about the Trust and the services it provides in their community.

Maybe you know someone who would like to find out more about current changes, or maybe a friend or colleague has used our services before and has some valid views to share. Why not ask them to become a member too?

**Membership is available at any time. It’s free and really easy to join too:**

- Apply online at [www.rdash.nhs.uk](http://www.rdash.nhs.uk)
- Ask your nurse or support worker or contact the Foundation Trust office for more details on freephone 0800 015 0370.
- Staff will be happy to post out a form or complete the form on your behalf
- Email ftmembership@rdash.nhs.uk
Earlier this month we went to the Rotherham Show to promote the Trust and our services, and to encourage people to join as members – and we recruited over 80 new members.

A number of services came along to provide information, advice and support. Visitors were able to find out more about Drug and Alcohol Services, Children and Young People’s Mental Health Services and Older People’s Mental Health Services. Children joined in our health-themed colouring competition.

Thank you to Chairman Madeleine Keyworth (pictured below, left) who had the unenviable task of judging the winner and runner up from over 100 entries. Well done to Kate Prigmore for winning Raddish, the RDaSH monkey and to Oliver Stevenson for winning Curly Teddy. The winning entries are pictured below.

Some of our governors regularly attend meetings representing service users and carers. These include the Acute Care Forum at Swallownest Court, Carers4Carers in Rotherham and the User Carer Partnership Council.
Staff support Marbles bid

A mental health self-help group in Rotherham received a cash award of £10,000, thanks to help from Early Intervention in Psychosis (EIP) staff.

Our staff supported the Marbles group in an ‘Awards for All’ bid. With the money from the successful bid staff delivered health and culture workshops, which included ten weeks of football at the Rotherham Leisure Complex.

This led on to a national football tournament for over-16 mental health teams in conjunction with Rotherham United. Over 120 people formed 12 teams, including Rotherham EIP, Doncaster EIP, Swallownest Assertive Outreach and the Doncaster Personalisation Forum Group. Everton FC were the winners, pictured top right.

Football aside, Rotherham EIP staff organised two walks with Marbles at Rother Valley Country Park, which included water sports, and at Matlock Bath.

Kicking off for recovery

Reece Storr, a recovery worker from New Beginnings in Doncaster sent us this match report:

Two teams from Doncaster Drug and Alcohol Services attended the York in Recovery Football Tournament in September, but neither were able to return with the trophy.

Both teams, pictured right, consisted of a mix of staff and clients, one from New Beginnings and the other from Doncaster Drug and Alcohol Services (DDAS) based at Rosslyn House and Sinclair House. As well as a number of local teams from York, others had travelled from Scunthorpe, Middlesbrough and Liverpool.

Our teams started the day brightly, but failed to make an impact on the pitch. Instead they applied themselves in vocal support of South Yorkshire neighbours, Rotherham Rebels from Clearways, and enjoying the buffet.

Despite some questionable footballing talent, all the competitors enjoyed a good natured day and the games were played with smiles on faces. The event really highlighted the strength of recovery across the north and successfully promoted the positive impact physical activity can have.
Amanda gains top marks
Congratulations to RDaSH senior occupational therapist Amanda Simmonite from our Community Learning Disability Team in Doncaster, who has recently been awarded a distinction for module one of the Sensory Integration Network Practitioner Course.

Sensory integration (SI) is the neurological process that organises sensation from one’s own body and the environment, making it possible to use the body effectively within the environment.

All change
The Doncaster Stop Smoking Service has transferred from the DCIS Adults Division to DCIS Children and Young People.

Request for hard backed books
Do you have any hard backed books you don’t want? If so, the Community Memory Therapy Service needs them.

The books will be used to make Christmas decorations with their patients. If you’ve any old reading books you don’t want please drop them off at Bungalow 3 on the Tickhill Road Hospital site, or ring Mary Beardsley on 01302 796138.

MoreLife clubs
MoreLife will be running more clubs for 4-17 year-olds who are struggling with their weight.

More Life clubs are free and give young people more energy, more confidence and a better understanding of healthy living. Programmes are full of fun and informative lifestyle and activity sessions which are designed to be interactive, hands on and fun.

For more details go to: www.more-life.co.uk/findaclub

Wear It Pink Day…
is here so please join us in wearing something pink on Friday 25 October!
Did you know that these services are available to the public too?

**Sew & Sew**
We have an onsite sewing room for work for wards and departments, ordering/altering staff uniforms. We also provide this service to external customers. From curtain making/alterations, soft furnishings, embroidery, to garment repairs and alternations, why not contact them today for more information or a quote on 01302 796009.

**The Laundry**
The Tickhill Road Laundry offers a personal laundry washing and ironing service. Staff can drop their dirty laundry at work and collect it the next working day, clean and folded. Visit the laundry website for details and prices: http://www.thelaundryservice.org.uk/index.php

Contact the laundry for information on the laundry delivery service. It's only £6 for a bag of 30 items, including local collection and delivery. Contact the team on 01302 796014.

**Design & Print**
Based at Walnut Lodge at St Catherine’s, our in-house print and design service prides itself on quality and a quick turnaround. If you need any designing and printing for business cards, invitations, flyers, greeting cards, calendars or catalogues, contact the team for a quote. We will price match any orders.

**Trust Catering**
Visit one of our three retail catering outlets on the Balby site.

The Food and Drink Café is based on the Tickhill Road Hospital (TRH) site and serves hot and cold freshly produced meals and snacks. The Coffee Shop is based in the main entrance of TRH and serves a range of beverages and sandwiches. Or why not visit the Garden Café in St Catherine’s House for a speciality coffee and a slice of cake? While you are there you could pop into the Walled Garden and take a browse in the gift shop and garden centre.

**Warren Nursery**
The Warren Nursery is a well-established, award winning 89 place nursery, which is open Monday to Friday between 7.30am to 5.30pm. We cater for children from four months to four years in two purpose-built buildings.

Our aim is to provide a safe, caring and nurturing environment for our children and strive to deliver an outstanding service to parents.

We offer affordable quality childcare with highly experienced staff, all qualified to a minimum of level 3. We also have an early years professional.

**The Hutch**
The Hutch play scheme is a 40-place holiday play scheme, operating during Doncaster school holidays, from 7.30am to 5.30pm.

We cater for up to 40 children aged from four years (in full-time education) to 12 years, in a newly refurbished building.

We offer affordable quality childcare with our dedicated team of play leaders and assistants, boasting a wide range of skills to help devise activities to entertain our children - from arts and crafts and sport, to cookery and days out - all in the care of qualified and caring staff.