Older People’s Care Home Liaison Team
Rotherham
Information for service users and carers
This leaflet is designed to introduce the Older People’s Care Home Liaison Team and to explain what you might expect from us.

The Care Home Liaison Team provides mental health services to people over the age of 65 who live in any of the residential care and nursing homes in Rotherham, or who are under 65 with a diagnosis of dementia.

We also provide support and advice to staff in the homes, to help them to manage your day-to-day care.

We always aim to work with you to offer choices and help you maintain as much independence as possible.

Our team includes:

- Community mental health nurses.
- Access to consultant psychiatrists.
- Occupational therapist.
- Access to physiotherapist.
- Community support workers.
- Administrative support.

Why might you be referred to us?

Your GP may have referred you to our team if you have been experiencing difficulties with your mental health, and you live in full-time care.

We provide services for a wide range of mental health problems, but your specific needs will be discussed with you at the time of your assessment.

You may also be transferred to our team if you are currently under the care of the Community Mental Health Team or Memory Service and need continued support after moving into full-time care.

How will you be assessed?

Once a new referral has been accepted, a member of the team will visit your home to carry out a mental health assessment.

The assessment will be made up of information gained from you, the home where you live and information from your GP, as well as any other relevant professionals. You may wish to have a supportive family member or friend present, who may also contribute to the assessment.
This procedure is to help us gain an overview of your mental health, past and present, and to guide us in tailoring your future care and treatment.

**What happens next?**

With your input and the involvement of relevant care home staff, a member of the team will formulate your care plan. This will identify your needs and goals and establish what the Care Home Liaison Team is going to do to help you overcome or manage your problems. It will also identify steps you can take to help yourself on the road to feeling well again.

Your allocated worker will keep in regular contact with you, and you or staff at the home can contact us if there are any issues in between visits.

**What if things change?**

Your individual care plan will be reviewed regularly to ensure that your needs are being met. If necessary your care plan will be changed to reflect any newly identified needs or problems.

**What about confidentiality?**

Your information will be kept confidential and we will ask to share it with others we believe are relevant or helpful to your care.

We may disclose information if it suggests you or others may be harmed.

**What is the discharge process?**

Your discharge from the Older People’s Care Home Liaison Team will be planned with you, relevant staff at the home and the mental health professionals involved in your care.

At each review, we will always consider if we have met your identified needs and whether you still require intervention from our service. When discharge is agreed, your GP will receive a full report from us.

**Contact information**

The Care Home Liaison Team operates on a Monday to Friday basis, excluding public holidays.

We are available 8.30am to 5pm

Our contact number is 01709 302902.

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We are a smokefree organisation.