Steps for Performing Aseptic Non Touch Technique (ANTT)

1. Undertake risk assessment to determine use of non-sterile or sterile gloves (sterile gloves must be used where micro-organisms may be introduced to the site which could cause infection, eg urethral catheterisation or insertion of invasive devices).

2. Decontaminate hands with soap and water or alcohol hand rub.

3. Clean trolley / tray with antimicrobial wipes (e.g. Clinell Universal wipes) and allow to dry.

4. Decontaminate hands with soap and water or alcohol hand rub.

5. Gather all equipment and consumables and check suitable for use (e.g. expiry dates and no damage).

6. Don single use disposable apron.

7. Decontaminate hands with soap and water or alcohol hand rub.

8. Open and prepare equipment / consumables. If required, open dressing pack / sterile drape.

9. Decontaminate hands with soap and water or alcohol hand rub.

10. Don gloves as dictated by risk assessment and perform procedure using ANTT.

11. Dispose of waste into appropriate waste stream.

12. Remove gloves and apron.

13. Decontaminate hands with soap and water or alcohol hand rub.


15. Decontaminate hands with soap and water or alcohol hand rub.