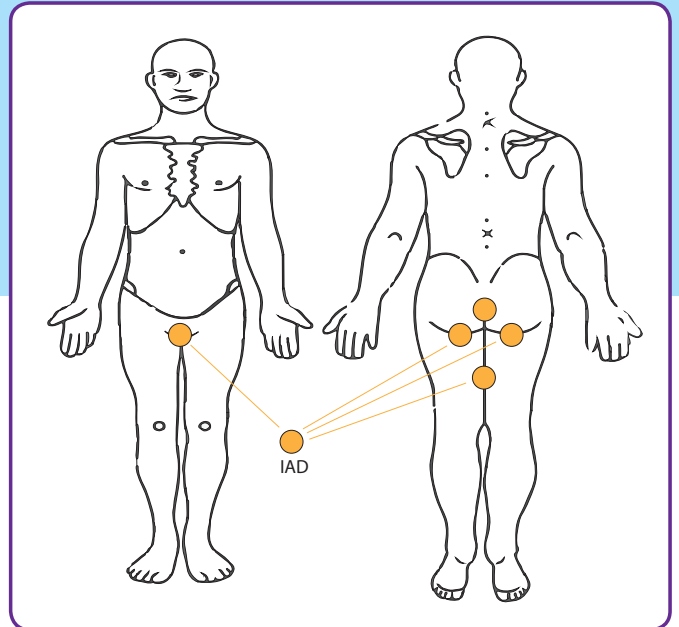


Skin Care Pathway for Incontinence Associated Skin Dermatitis (IAD) Primary Care

Incontinence Associated Skin Dermatitis (IAD) is damage to the skin caused from contact of urine and/or faeces. A combination of urine and faeces causes severe skin irritation that can quickly result in the skin breaking down.



Risk factors

- The skin will be more vulnerable to pressure, shear and friction
- Moisture due to urine and/or faeces, with more than 2 episodes of incontinence per day.

Management Plan

- Assess and treat reversible causes of incontinence
- Implement the Pressure Ulcer Prevention and Management Care Plan
- Implement Skin Care Regime as below
- Assess, dress and document area(s) of IAD.

Step 1 Cleanse

PROSHIELD FOAM and SPRAY

- Cleanse areas of skin at risk after every episode of incontinence
- Remove faeces/urine where applicable
- Do not rinse off, pat dry with dry wipe.

Type 7 Stool
(Bristol Stool Chart)

Intact skin

Broken skin

Step 2 Protect and restore

PROSHIELD PLUS

Apply a thick layer to affected areas after each episode of incontinence.

PROSHIELD PLUS

Apply a thin layer once per day as a minimum, to protect and restore the skin and reduce risk of skin breakdown.

PROSHIELD PLUS

Apply a thick layer to affected areas after each episode of incontinence.