# Leaflet 2. Aftercare information for blood taking procedures



# Aftercare information for blood taking procedures leading the way with care

Aftercare information for carers/family who are supporting an individual following the blood taking procedure, including oral sedation and/or safe holds

After the blood taking procedure it is important that you:

Offer reassurance and support

- Encourage rest
- Monitor both physical and emotional wellbeing (please refer to table on next page).

The patient may experience some side effects. In most cases these side effects/ symptoms are common and will cause no lasting injury or distress.

However if the patient should experience any of the following rare side effects, telephone 999 immediately for medical assistance

Common	Rare
Bruising	Abnormal breathing
Redness	Confusion
Sleepiness	Prolonged sleep
Small swelling	Presenting as unwell
Lethargic	Unconscious

Less common and less serious effects of venepuncture are:

- Puncturing an artery (staff are able to manage this event)
- · Hitting a nerve (this causes severe pain and can last for weeks, to permanent and if serious could require surgical intervention). For more advice or support, please contact your local GP or Community Learning Disability Team:

# $2 \mid$ After care information for blood taking procedures

For more advice or support, please contact your local GP or Community Learning Disability Team: Rotherham Learning Disabilities

# **Rotherham Learning Disabilities**

220 Badsley Moor Lane, Rotherham, S65 20U Telephone 01709 447744

# **Doncaster Learning Disabilities**

2 Jubilee Close. Tickhill Road Site, Balby, Doncaster, DN4 8QN Telephone 01302 796145

# North Lincolnshire Learning Disabilities

Meridian House, Normanby Road, Scunthorpe, DN15 8QZ Telephone 01724 270361

www.rdash.nhs.uk | 3

If you would like this in large print, braille or on audiotape or would like this document in an alternative language, please contact the Patient Advice and Liaison Service on 0800 015 4334.

ይሕንን ጽሁፍ በግልተ እንዲታይዎ በትልቁ፤ በብራል ተጽፎ ወይም በቲፕ ተቀድቶ ወይም በሴሳ ቋንቋ ተጽፎ ሰማየት የሚፈልጉ ከሆን የበሽተኞች ምክርና ግንኙነት አባልግሎትን በዚህ ቁተር 0800 015 4334 ደውሰው *ያኒግኝ*ና።

## Arabic

إذا أرنت الحصول على هذه الوثيقة بالقط الكبير أو بلغة برايل أو على هيئة شريط صوتي أو مترجمة إلى لغة بديلة فيرجى الإتصال بخدمة التنسيق ونصيحة المريض Patient Advice and Liaison Service على رقم الهاتف 4334 0.00 0.000

# Bengali

আপনি যদি এটা বড় অক্ষরের ছাপায়, ব্রেইল-এ, বা কানে শোনার টেইপ-এ পেতে চান অথবা আপনি যদি এই কাগজটা অন্য কোন ভাষায় পেতে চান, তাহলে দয়া করে 0800 015 4334 নম্বরে পেশেন্ট এ্যাড্ভাইস এন্ড লিয়েজঁ সার্ভিসের সাথে যোগাযোগ করবেন।

# Cantonese (traditional Chinese)

如果你希望本文件是采用大字印刷、盲文或录音磁带等格式,或者希望本文件是使用其它的语言,请联 络病患建议与联络服务(Patient Advice and Liaison Service), 电话号码: 0800 015 4334。

Pokud byste chtěli dokument psaný většími písmeny, brailovým písmem nebo na zvukové kazetě nebo v jiném jazyku, prosím, kontaktujte poradenskou službu pacientům na tel. 0800 015 4334.

در صورت تمایل به داشتن این سند به نسخه ای با چاپ درشت تر ، به خط بریل یا نسخه صوتی، و یا به زیاتی دیگر ، لطفا با دفتر خدمات مشاور و و هماهنگی بهماران به شمار دانمن ۴۳۶ ۲۰۰۱، تماس حاصل نمایید.

Si vous désirez ce document en gros caractères, en braille, enregistré sur cassette audio ou dans une autre langue, veuillez contacter le service de conseils et liaison des patients [Patients Advice and Liaison Service] au 0800 015 4334.

# Kurdish Sorani

نهگىر نام زانياريته به چايى گەورە، برايل يان لەسەر شريتى دەئگى دەغوازىت ياغود نام بەلگەنلىمىيە بە زماتلىكى دېكە دەغوازىيت، ئكايە پەيوەندى بكە بە خۇمەنگوزارى رېنمايى و ھاوناھەنگى نەخۇشەرە بە ژمارە 4334 010 0800.

# Polish

Jeżeli dokument wymagany jest w wersji drukowanej dużą czcionką lub alfabetem Braille'a, na kasecie audio lub w innym języku, prosimy o kontakt z zespołem ds. kontaktów z pajentami (Patient Advice and Liaison Service) pod numerem telefonu 0800 015 4334.

ਜੇ ਤੁਸੀਂ ਇਸ ਨੂੰ ਵੱਡੀ ਛਪਾਈ , ਬ੍ਰੇਲ ਜਾਂ ਸੁਣਨ ਵਾਲੀ ਟੇਪ ਤੇ ਚਹੁੰਦੇ ਹੋ ਜਾਂ ਇਸ ਦਸਤਾਵੇਜ ਨੂੰ ਹੋਰ ਭਾਸ਼ਾ ਵਿੱਚ ਚਹੁੰਦੇ ਹੋ, ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਮਰੀਜ਼ ਸਲਾਹ ਅਤੇ ਤਾਲ-ਮੇਲ ਸੇਵਾ (Patient Advice and Liaison Service) ਨਾਲ 0800 015 4334 ਤੇ ਸੈਪਰਕ ਕਰੋ।

Haddii aad jeclaan lahayd in aad kan ku hesho far waaweyn, farta braille ee dadka indhaha la' ama cajalad dhegeysi ah ama haddii aad jeclaan lahayd in aad dukumeentigan ku hesho luqad kale, fadlan Adeegga Talobixinta iyo Xiriirinta ee Bukaanleyda (Patient Advice and Liaison Service) kala soo xiriir lambarka 0800 015 4334.

# Turkish

Bu belgeyi büyük yazı, braille (kör alfabesi) veya ses kaydı olarak veya başka bir dilde almak istiyorsanız, lütfen 0800 015 4334 no.lu telefondan Hasta Danışmanlık ve İrtibat Hizmetleri ile bağlantıya geçiniz.

ا گرآپ به بڑی چیاتی، بریل میں یاصوتی ٹیپ پر حاصل کر ناچاہیں یا یہ دستاویز کسی متبادل زبان میں چاہیں تو برائے کرم پیشنٹ ایڈوائس اینڈ لیئزان سروس سے

# Vietnamese

Nếu muốn có tài liệu này dưới dạng in chữ cỡ lớn hơn, chữ nổi braille hay bằng ghi âm, hoặc bằng một ngôn ngữ khác, xin quý vị liên hệ bộ phận Dịch vụ Tư vấn và Liên lạc với Bệnh nhân theo số 0800 015 4334.

This information is correct at the time of publishing Last Reviewed: July 2021



We are a smokefree organisation. Please provide a smoke free environment for your healthcare provider

