

Leaflet 2. Aftercare information for blood taking procedures



**Rotherham Doncaster
and South Humber**
NHS Foundation Trust

Aftercare information for blood taking procedures

Information for carers and family



Aftercare information for carers/family who are supporting an individual following the blood taking procedure, including oral sedation and/or safe holds

After the blood taking procedure it is important that you:

- Offer reassurance and support

- Encourage rest
- Monitor both physical and emotional wellbeing (please refer to table on next page).

The patient may experience some side effects. In most cases these side effects/ symptoms are common and will cause no lasting injury or distress.

However if the patient should experience any of the following rare side effects, telephone **999** immediately for medical assistance

Common	Rare
Bruising	Abnormal breathing
Redness	Confusion
Sleepiness	Prolonged sleep
Small swelling	Presenting as unwell
Lethargic	Unconscious

Less common and less serious effects of venepuncture are:

- Puncturing an artery (staff are able to manage this event)
- Hitting a nerve (this causes severe pain and can last for weeks, to permanent and if serious could require surgical intervention). For more advice or support, please contact your local GP or Community Learning Disability Team:

2 | *After care information for blood taking procedures*

For more advice or support, please contact your local GP or Community Learning Disability Team: Rotherham Learning Disabilities

Rotherham Learning Disabilities

220 Badsley Moor Lane,
Rotherham,
S65 2QU
Telephone 01709 447744

Doncaster Learning Disabilities

2 Jubilee Close,
Tickhill Road Site,
Balby,
Doncaster,
DN4 8QN
Telephone 01302 796145

North Lincolnshire Learning Disabilities

Meridian House,
Normanby Road,
Scunthorpe,
DN15 8QZ
Telephone 01724 270361

Amharic

Arabic

Bengali

Cantonese (traditional Chinese)

Czech

Farsi

French

Kurdish Sorani

Polish

Puniabi

Somali

Turkish

Urdu

Vietnamese

**get it
write
approved**



SMOKEFREE

Page 3 of 3