

OXAZEPAM REDUCING REGIMES

Drug Misuse and dependence UK Guidelines on clinical management 2017:

Chlordiazepoxide 12.5-15mg is equivalent to Oxazepam 10-15mg

Oxazepam use in alcohol detox is outside of its licenced indications and doses above 120mg/day are above BNF maximum doses. It's use must be discussed with patient and rationale for use clearly documented.

DAILY alcohol intake		20 – 24 units		25 – 40 units		41 – 45 units	46 – 50 units
Level of dependence		SADQ 20 - 25		SADQ 26 – 40		SADQ 41-45	SADQ >45
DAY 1	Daily total	80mg	100mg	120mg	160mg	180mg	200mg
Dosing time	09:00	20mg	25mg	30mg	40mg	45mg	50mg
	13:00	20mg	25mg	30mg	40mg	45mg	50mg
	18:00	20mg	25mg	30mg	40mg	45mg	50mg
	22:00	20mg	25mg	30mg	40mg	45mg	50mg
DAY 2	Daily total	60 mg	80mg	100mg	140mg	160mg	180mg
Dosing time	09:00	15mg	20mg	25mg	35mg	40mg	45mg
	13:00	15mg	20mg	25mg	35mg	40mg	45mg
	18:00	15mg	20mg	25mg	35mg	40mg	45mg
	22:00	15mg	20mg	25mg	35mg	40mg	45mg
DAY 3	Daily total	40mg	60mg	80mg	120mg	140mg	160mg
Dosing time	09:00	10mg	15mg	20mg	30mg	35mg	40mg
	13:00	10mg	15mg	20mg	30mg	35mg	40mg
	18:00	10mg	15mg	20mg	30mg	35mg	40mg
	22:00	10mg	15mg	20mg	30mg	35mg	40mg
DAY 4	Daily total	40mg	60mg	80mg	100mg	120mg	140mg
Dosing time	09:00	10mg	15mg	20mg	25mg	30mg	35mg
	13:00	10mg	15mg	20mg	25mg	30mg	35mg
	18:00	10mg	15mg	20mg	25mg	30mg	35mg
	22:00	10mg	15mg	20mg	25mg	30mg	35mg
DAY 5	Daily total	20mg	40mg	60mg	80 mg	100mg	120mg
Dosing time	09:00	5mg	10mg	15mg	20mg	25mg	30mg
	13:00	5mg	10mg	15mg	20mg	25mg	30mg
	18:00	5mg	10mg	15mg	20mg	25mg	30mg
	22:00	5mg	10mg	15mg	20mg	25mg	30mg
DAY 6	Daily total	10mg	20 mg	40mg	60mg	80mg	100mg
Dosing time	09:00	5mg	5mg	10mg	15mg	20mg	25mg
	13:00		5mg	10mg	15mg	20mg	25mg
	18:00	-	5mg	10mg	15mg	20mg	25mg
	22:00	5mg	5mg	10mg	15mg	20mg	25mg
DAY 7	Daily total		10mg	20mg	40mg	60mg	80mg
Dosing time	09:00		5mg	5mg	10mg	15mg	20mg
	13:00	-	-	5mg	10mg	15mg	20mg
	18:00	-		5mg	10mg	15mg	20mg
	22:00		5mg	5mg	10mg	15mg	20mg
DAY 8	Daily total			10mg	20mg	40mg	50mg
Dosing time	09:00			5mg	5mg	10mg	15mg
	13:00		-		5mg	10mg	10mg
	18:00		-	-	5mg	10mg	10mg
	22:00			5mg	5mg	10mg	15mg
DAY 9	Daily total				10mg	20mg	30mg
Dosing time	09:00				5mg	5mg	10mg
	13:00					5mg	5mg
	18:00				-	5mg	5mg
	22:00				5mg	5mg	10mg
DAY 10	Daily total					10mg	10mg
Dosing time	09:00					5mg	5mg
	13:00					-	
	18:00					-	
	22:00					5mg	5mg

PRN dosing increments for oxazepam

- Individual doses of 5 to 10mg
- Daily maximum of 40-60mg