

Trustee Annual Report and Accounts for Your Hearts and Minds
(Rotherham Doncaster and South Humber NHS Foundation Trust Charitable
Fund) 2025/2026



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Foreword

Welcome to our 2025/26 Annual Report and Accounts for Your Hearts and Minds, the working name for the Rotherham Doncaster and South Humber NHS Foundation Trust Charitable Fund.

This document records the activities and final and audited Financial Accounts for the financial year 1 April 2025 to 31 March 2026.

Your Hearts and Minds is the dedicated charity for the Rotherham Doncaster and South Humber NHS Foundation Trust (RDaSH). We are a truly local charity committed to supporting people living across Rotherham, Doncaster and North Lincolnshire.



Through the generosity of our supporters, we raise funds to support activities, projects, education and research that go beyond standard NHS funding. These additional resources help enhance the care, treatment and overall experience of patients, carers and staff across the Trust.

Every donation helps us make a meaningful difference by enabling services to provide enhanced support, innovative projects and improved facilities that directly benefit our local communities.

Supporting Your Hearts and Minds is a powerful way for individuals and families to leave a lasting legacy, helping ensure that future generations continue to benefit from improved health, wellbeing and care.

Donations which are not used immediately are invested in accordance with the Charity Commission guidelines ensuring appropriate financial return is achieved. The performance of the investment is reviewed quarterly at the Charitable Funds Meeting and on a yearly basis with the investment management company to ensure we protect the value of the portfolio until such time as they are needed to be spent.

With the relaunch of Your Hearts and Minds charity in October 2024, we set out ambitious plans to increase our income generation, with the aim to increase charitable spending across all of the services we provide to improve the experience, health and wellbeing of patients, staff, carers and the wider community, whilst ensuring the future sustainability and growth of the charity.

We are making good progress with this, raising £697k in 2025/26 compared to £385k in 2024/25 and £302k in 2023/24.

We have launched our first ever Community Grants Scheme, working with Voluntary Action in Doncaster, Rotherham and North Lincolnshire to invite bids from local voluntary, community and social enterprises for grants worth between £1k and £3k, which deliver partnership working with teams in RDaSH to benefit patients and demonstrate a positive impact on our local communities. We awarded £75k from our fund to support 30 organisations as part of this scheme.

As Chair of the Charitable Funds Committee, I offer my sincere thanks to everyone who has contributed so generously in time, energy and money to support the Charitable Fund.



A handwritten signature in black ink, appearing to read 'Maria Clark'.

Maria Clark
Chair of the Charitable Funds Committee
and Non-Executive Director of Rotherham
Doncaster and South Humber NHS Foundation
Trust



A handwritten signature in black ink, appearing to read 'Kathryn Lavery'.

Kathryn Lavery
Chair of Rotherham Doncaster and South
Humber NHS Foundation Trust.

Our Mission and Fundraising Priorities

Our mission is to support RDaSH services in going above and beyond what standard NHS funding can provide, helping to improve the wellbeing and experiences of patients, carers and staff.

With the support of our donors and partners, we aim to:

- Provide equipment, therapeutic activities and comfort items that support people's care, treatment and rehabilitation, helping them to live happier and more fulfilling lives
- Fund projects, research, education and service developments that improve healthcare services and facilities across the Trust
- Make a meaningful difference to the quality of care provided to patients and service users
- Support staff wellbeing and morale, empowering teams to deliver initiatives and activities that enhance their daily work and improve the care environment
- Ensure every donation makes an impact, using funds responsibly and effectively to benefit the health and wellbeing of our local communities.

We are focused on nurturing the power in our communities, patients and colleagues and have the following key fundraising missions:

A Good Start

Aimed at helping children and young people have the best possible start in life—physically, mentally, and emotionally.

Our Best Self

Helping people with physical or mental illness and learning disabilities by delivering more specialist care and improving environments to better meet their needs.

We also focus on the welfare and wellbeing of our staff, recognising that well-supported staff deliver high-quality care to patients.



RDaSH Research

Funding research that benefits not only our patients but also the wider community. We are committed to community-led research and working closely with local people to improve health and care outcomes.

Education and Learning

We have ambitious plans to develop an education and learning centre. Patients and carers will play a key role in setting this up. As well as nurturing the education and learning of our staff, we aim to support local groups and those with lived experience.

A Good Death

We aim to support our staff to deliver the best possible end of life care and support, from diagnosis through to bereavement, not only for the patient, but support for their loved ones within our inpatient settings and the wider community.

Looking back at 2025/26

Achievements and Performance

During 2025/26 the charity has succeeded in raising more funds than ever before. This has been the result of more concerted fundraising programmes and activities, along with increased income from legacies.

A significant amount of charitable funds has been used to support our 'A Good Death' mission. the funds have been used to deliver a great service and care to patients and families using our Hospice services. These funds enable us to provide a patient experience over and above what the NHS funding alone could provide, for example, increased skills and support, complementary therapies, therapeutic environments and excellent equipment.

Funds have also been used in 2025/26 to benefit the wider society as a whole within the community grant scheme. By awarding small grants to 42 local voluntary sector and community organisations, we have been able to support people with their physical health and wellbeing, and complement the NHS service offer. These grants have supported some of our aims and objectives under missions 'A Good Start' and 'Our Best Self'.

The charity has made less progress in raising funds and spending funds in its other two missions of Education and Learning and Research.

A performance review of the investment fund, which manages our charitable funds was taken in 2025/26 to ensure we are maximising the investments at the same time as safeguarding them. This review also included a check on the ethics of the funds to ensure none were invested in arms, tobacco, or alcohol industries, which was confirmed.

We launched our Therapy Pool Appeal



Our £250k Therapy Pool Campaign was launched in June 2025. This is our first capital campaign for the charity and aims to transform our existing 30-year old pool at the Diamond Activity and Therapeutic Centre in Doncaster.

The pool is used to support adults with learning and physical disabilities, neurological conditions and complex health needs with water therapy. The calming effect of the warm water eases pain, strengthens muscles, improves fitness and promotes wellbeing.

Having a thoroughly modern new pool and enriched sensory environment will greatly help us to provide a wider range of therapeutic support to a larger number of clients, their families and to the wider community.



Our Memory Tree leaves a lasting legacy to Adwick benefactor

Our new Memory Tree at St John's Hospice was funded by a generous legacy from local resident Norman Duck. The tree designed by sculptural artist Claudia Brown of Perspex Angel, features 400 gold, silver and bronze leaves and serves as a lasting tribute space for loved ones.

Norman Duck, who passed away aged 91 in December 2024, had a long-standing connection with the hospice. His wife Mary died there in 2006, and he remained deeply grateful for the care she received. At the time, he donated £5,000 and later left a further £75,000 in his will to support the hospice.

When Norman became ill in 2024, he spent the last three weeks of his life at the hospice. His family requested there be some kind of lasting tribute to Norman, so we worked with them to use part of the legacy to fund the Memory Tree, ensuring a tribute not only to Norman and Mary, but also a way to support future patients and families.



The tree allows people to dedicate engraved leaves in memory of loved ones for a donation of £120, which funds the leaf for two years, helping the hospice to continue to raise the significant funds needed to run its services.

“St John’s Hospice provided wonderful care for both Norman and Mary, and this legacy in his will was his way of saying thank you.”

Celebrating a Legacy of Support



The Doncaster Cancer Detection Trust (DCDT) concluded its charitable activities in 2025 after more than 53 years of service to the local community.

During this time DCDT played a key role in establishing St John’s Hospice, contributing over £2 million towards its construction and a further £1.5 million to develop the Information and Support Centre. In addition, DCDT funded more than 80 pieces of front-line cancer equipment and invested millions in local healthcare services.

Its achievements were made possible through sustained community support, particularly during challenging economic times. DCDT leaves a lasting legacy in the continued delivery of high-quality palliative and end of life care in Doncaster.

In recognition of these achievements, representatives of DCDT, including Chair Yvonne Woodcock and founding members, were invited to St John’s Hospice for a commemorative event. The gathering provided an opportunity to reflect on the Trust’s legacy, including historical records and scrapbooks documenting decades of these fundraising activities.



“We are immensely proud of the services and care we provide to patients and families at St John’s Hospice, but without the hard work and long-term support from DCDT over so many years, we wouldn’t be where we are today.”

Change starts with a will campaign

Gifts in wills contribute significantly to our income. In February 2026 we participated in Octopus Legacy's national Free Wills campaign with other NHS and UK charities, which is a co-ordinated national initiative to drive legacy engagement and encourage pledge conversion.

Anyone over the age of 18 can access the free will-writing service, which is available in person, online or over the phone. There is no obligation to include a gift to our charity, but all gifts made are very much appreciated.

The campaign materials were promoted within RDaSH and to our external supporters and the national resources have been shared by Which magazine and on the Martin Lewis Money TV Show.

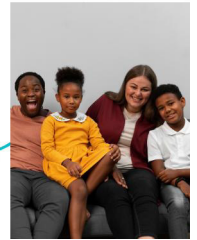
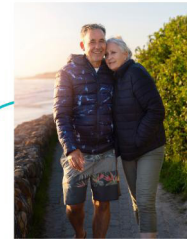


octopuslegacy

Claim your free will

Write or update your will online, over the phone, or in person today.

GET STARTED →



Nationwide funds the renovation of our Cafe

In 2025, colleagues from Nationwide Building Society demonstrated their commitment to community impact by supporting St John's Hospice with a £10,000 community grant.



The initiative was led by Nationwide employee Max Hudson, whose family experienced first-hand the high standard of care provided by the hospice. In response, colleagues supported a fundraising event at Doncaster's Asda, along with supporting our Light up a Life event, with staff travelling from multiple locations across the UK to participate.

Building on this effort, the team invited us to apply for funding through Nationwide's Colleague Grant programme. The £10k grant was used to refurbish the hospice cafe, creating a more welcoming and comfortable environment for patients, families, staff and volunteers. Improvements include upgraded facilities and furniture along with the introduction of 24-hour access to refreshments.



One Call Insurance

A £6,000 donation from One Call Insurance Group, which is based at Balby Carr Bank, was used to purchase specialist pressure relieving mattresses to help palliative care patients remain as comfortable as possible.

The money was raised from cake bakes, a staff sports day and other fundraising activities organised by big hearted One Call staff throughout the year, which is then donated to various local causes.



Braithwell Church

We were grateful to join Doncaster Mayor Ros Jones along with representatives from Bluebell Wood Children's and Rotherham Hospices to receive our share of a £5,550 donation from the congregation at St James' Church in Braithwell, which was raised through coffee mornings and church events over the past two years.



Jeff's 1,000 mile cycling challenge

Braithwell man Jeff Lockhart put pedal power to the test cycling 1,000 miles and raising £2,477 throughout the month of May. We were delighted to be there with him at the finish line to say a huge thank you.



Lake District 24 Peak Challenge

Well done to our amazing team of five fundraisers who took on one of the UK's toughest 24-hour adventures - the Lake District 24 Peaks Challenge. Battling through tough weather, they kept pushing and raised an incredible £1,705.



Cardio for a Cause

Last summer, we partnered with Strong 21 Gym, Stainforth to deliver a 12-week sponsored functional fitness programme for women. Eighteen participants completed the programme, which culminated in a final competition on 2 August. The programme had a measurable impact on participants' physical and mental wellbeing, as well as raising much-needed funds for our charity.



Skydivers go to new heights for charity

Our brave charity skydivers raised £10,595 last year for 'A Good Death' and the Therapy Pool Appeal. Taking a tandem dive from 10,000 feet they've made a huge difference to our fundraising.



Charity raffles are record breakers

Our Summer and Christmas raffles raised a record-breaking £6,200 last year. All prizes are donated, which means even more funds for our charity. Thanks to all our sellers and ticket purchasers for making them such a success!



Sprotbrough Scarecrow Festival

We were given a £4,141 boost thanks to wonderful support from the Sprotbrough village community, after receiving the proceeds from their annual Scarecrow Festival. This year saw a record 60 scarecrows taking part.



Great North Runners go the extra mile

Our Great North Runners did us proud again last year, raising £6,940. We thank all of them for their hard work in training for this event.



Care for a Cuppa coffee mornings

Our supporters always enjoy a cuppa and a freshly baked treat! Across the charity last year these events raised a total of £6,431.



Community Grants make a difference

In April 2025, a total of £71,000 in grant funding was distributed to 30 voluntary, community, and social enterprise (VCSE) organisations. These organisations have been working in collaboration with RDaSH colleagues to deliver a range of projects across Rotherham, Doncaster, and North Lincolnshire.

The funded projects were designed to support individuals and communities who may not otherwise access or benefit from mainstream services, ensuring that resources reached those with the greatest need.

All projects are aligned with the charity's five key strategic missions. Over the past 12 months, progress has been monitored to assess delivery, outcomes, and overall impact within local communities. Here are just a few examples of how the grants have made a difference.

Supporting Grief Awareness in North Lincolnshire

A £3,000 Your Hearts and Minds Community Grant helped Oatridge Coaching support people experiencing grief in North Lincolnshire.

The funding has enabled the continuation of the monthly Grief Café, piloted in 2024, and day-long Grief Awareness courses for local residents, carers, and healthcare staff. These initiatives provide a safe space to share experiences, build resilience, and gain confidence in talking about death and loss.

"It feels like a safe space to be totally honest. It's helped me more than anyone will ever know."

Jonathan Oatridge, Grief Coach, explains: "Grief affects everyone differently. Our café and courses give people the chance to talk openly, share coping strategies, and realise they are not alone."

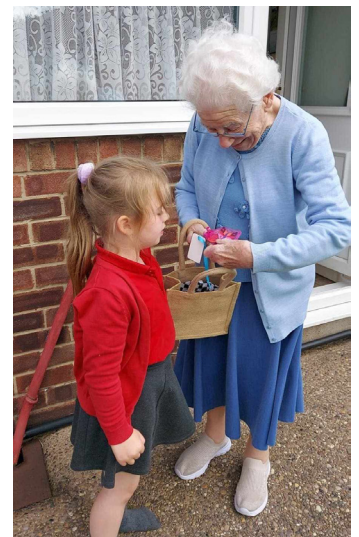


Choose Kindness Art Club Spreads Joy in the Community

With £2,520 funding, Lakeside Community Group's Choose Kindness Art Club supports children aged 5–12 experiencing anxiety. Meeting weekly, children express their emotions through arts and crafts, creating gifts to share with local care homes, charities, and vulnerable community members.

Chair Sally Smith said the grant helps reduce social isolation, build community cohesion, and teach children the impact of kindness. One club member even used a craft gift to strike up a new friendship with a neighbour, illustrating the real-life difference the project makes.

"Thank you for choosing our project. It's been a pleasure to spread some kindness across the community and without this funding it would not have been possible."



Revamped Dementia Garden in Doncaster

A refurbished community dementia garden in Doncaster was unveiled during Dementia Action Week in May 2025, supported by £6,500 in charitable funding.

Delivered in partnership with Donmentia and Flourish, the garden at St Catherine's House has been redesigned with multi-sensory planting to support memory and wellbeing.

Upgrades include new seating, planting, and sensory features, with further improvements planned. Funding included £3,000 from our community grants.



"Thank you ! For me a perfect example of bringing people and resources together to deliver on a project that can benefit the whole community."

Feeling Good, Feeling Great project supports adults with learning disabilities

The Feeling Good, Feeling Great project was designed to enhance the health and wellbeing of Doncaster adults with mild learning disabilities. The funding was focused on lifestyle, preventative healthcare, health screening and alternative therapies. The aims and objectives were to equip participants with the knowledge and tools to make positive, sustainable lifestyle changes in engaging, supporting and fun way.



"Being outdoors and active helped everyone to feel good. It showed the benefits of exercise, healthy habits and spending time in nature. We will continue this throughout the year. The group really enjoyed it, with everyone asking 'when can we come again?'. This demonstrates their enthusiasm and commitment to the project."

He Matters: Supporting Muslim Men's Mental Health

He Matters was established to address the lack of support for Muslim men's mental health. With initial funding from the Your Hearts and Mind Community Grant, a diverse board was formed to guide the project, and outreach began through local events and community materials.



The group in Doncaster started with small, informal meetings, allowing members to build trust over time. As relationships developed, participants began sharing personal experiences and supporting one another through challenges including health concerns and relationship issues. Peer support has become a key strength of the group.

"The initiative has been well received within the community, highlighting the importance of providing safe, culturally appropriate spaces for men to openly discuss their mental and physical health."

Funding delivers 90 therapeutic interventions to vulnerable children

Our community grant funding enabled Doncaster Rape and Sexual Abuse Counselling Service to provide 97 additional therapeutic interventions to children who have been sexually abused. The therapy is focused on improving the mental wellbeing of the child or young person, supporting them to increase their self-esteem, help them improve their relationships with family members and supportive figures, and recognise healthy relationships and boundaries.



“Those who have engaged with counselling tend to also engage better at school. By helping young people at an early stage, we can create this positive cycle, and this can only benefit the community.”

Wellbeing Walks in Rotherham

The ‘Wellbeing Walk and Talk’ initiative, funded by Your Hearts and Minds and Rotherham Community Trust, helped reduce isolation and improve mental health by providing accessible local walks with transport.

Routes were carefully planned for all abilities—under 5km, limited inclines, and barrier-free, and led by qualified walk leaders. Walks have included Elsecar via the Needles Eye and Fox House circular routes.

“Walking in a group has provided a new social connection which has led to my meeting some lovely like-minded people and new friends. I have discovered new walks in places I would never have gone before.”



Empowering Resettlement Communities for Better Health in North Lincolnshire

The volunteer-led North Lincolnshire Sanctuary Group ran a programme supporting the wellbeing and integration of refugees and asylum seekers in North Lincolnshire. A £3,000 grant enabled volunteers to deliver community gatherings, conversational English sessions, cultural celebrations, and activities for children.

The project supported up to 150 individuals and families to receive befriending and practical support, helping them access local services, build confidence, and strengthen connections within the community.

“I want to thank the English people and the group. I have no surviving family, but I feel I am with family here.”

“We particularly value the recognition this funding gives to community-led initiatives that support wellbeing, inclusion and connection. Small grants like this can make a significant difference to the volunteer-led organisations and communities they serve.”



Feel Good Fridays: Supporting People Living with dementia in Rotherham

A £1,000 Feel Good Friday Community Grant has helped Hand in Hand with Dementia continue providing vital support for people living with dementia and their families in Rotherham. The weekly group at Rawmarsh Salvation Army Hall offers a safe, welcoming space for social connection, guidance from experienced volunteers, and access to practical information on dementia.

Activities funded by the grant included holistic therapies, social and wellbeing events, gentle exercise sessions, and seasonal celebrations, helping members build confidence, maintain fitness, and reduce social isolation.



"Thank you from all of us to Your Hearts and Minds for helping us to make a difference for Rotherham people living with dementia."

Mentoring Young People to Achieve Their Potential

A community grant of £3,000 has funded 288 one-to-one mentoring sessions with young people in Stainforth and Thorne, helping those showing early signs of anxiety.

Run by Worth Unlimited across Long Toft, Holy Family, Kirton, Ash Hill, and Trinity Academy, the program has supported children to understand their mental health, build coping strategies, and increase confidence, self-esteem, and academic performance.



"Carol has worked with some of our most challenging students. Some students were placed on monitoring for their attendance, but having support from Worth, we have seen a massive impact on their time in the academy. One student had never completed a full week previously in Year Eight, but with intervention from Worth, we have seen more completed weeks happening."

Voluntary Car Service

The Voluntary Car Service provides essential transport across North Lincolnshire, helping residents, especially in rural areas, attend health appointments, shopping, and social activities. Volunteer drivers use their own vehicles and are reimbursed 45p per mile.

Thanks to our funding the service now has 36 volunteer drivers, with 419 new passengers registered and was able to complete 4,786 journeys: 49% for health, 51% for social/practical needs. The service strengthens community connections, improves wellbeing, and ensures residents can access the support they need.



"Thank you again for all you did when my husband was ill. He really enjoyed the trips with the volunteers, even if the journeys themselves weren't for enjoyable reasons."

Looking Forward

2025/26 has been an exciting and impactful year for Your Hearts and Minds. We would like to extend our sincere thanks to everyone who has supported us through fundraising, volunteering, and generous donations.

The achievements highlighted in this report would not have been possible without their support. Every contribution helps us improve the lives of people across our communities, and we remain deeply grateful for the role you play in enabling this work.

As we look ahead, our ambitions continue to grow. In 2026/27, we are aiming to raise £1 million, which will allow us to expand and strengthen the support we provide across Rotherham, Doncaster, and North Lincolnshire.

Fundraising priorities for 2026/27

Corporate Support

The generous support of local businesses has always played a vital role in enabling our charitable work and our annual RDaSH Staff Awards Ceremony.

One key priority over the coming months will be to develop stronger partnerships with key suppliers, local businesses and business leaders who are committed to making a positive difference in their communities. We know that many organisations want to give back locally and support causes that directly benefit local people, this is at the heart of what Your Hearts and Minds represents.



We will work closely with the local chambers through our membership to raise awareness of our charity and the opportunities that supporting our charity as a corporate brand partner offers organisations:

- Brand visibility across flagship events, major campaigns and digital platforms, reaching a highly engaged community audience
- PR and media exposure, including inclusion in press releases, event media and campaign communications
- Customer and stakeholder engagement, through on-site brand presence, co-branded materials and digital recognition
- Demonstrable CSR impact, with clear reporting on funds enabled for patient care and community outcomes.

Supporting the Sustainability of St John's Hospice, Doncaster

St John's Hospice continues to play a vital role within the Doncaster community, delivering high-quality, compassionate end-of-life care to patients and their families.



As demand for additional support services grows and expectations of care increase, the level of support required from charitable funding has also risen in recent years. This enables the hospice to provide enhanced care and services beyond those funded by the NHS.

In the coming year, the charity will be required to contribute £680,000 towards the cost of hospice care. This equates to approximately 20% of total running costs, meaning that for every £1 spent, 20p must be generated through charitable income. Securing this funding remains essential to sustaining the breadth and quality of care provided.

For every **£1** we spend on hospice care, **20p** of funding comes from our **charity**



REGISTERED CHARITY NO: 1055641

To meet this requirement, the charity will continue to develop and promote key income streams, including legacy giving and the Memory Tree campaign. In addition, plans are in place to introduce a new mass-participation fundraising event, alongside identifying further opportunities to grow unrestricted income. These initiatives will be critical in ensuring the long-term financial sustainability of these hospice services and enabling it to continue delivering outstanding care to the local community.

Achieving our Therapy Pool Target

Over the past year, we have been building momentum towards our Therapy Pool fundraising target. Thanks to the dedication of our staff and the generosity of our supporters, we have established solid foundations for this important campaign.

Our focus now is to increase awareness within the local community and to strengthen engagement with local businesses and grant-making organisations, encouraging further investment in this vital project.

There remains a significant national shortage of therapy pools. For many of the individuals we support, particularly those with profound learning disabilities, hydrotherapy is the most effective form of therapy available, offering both physical benefits and an enhanced sense of freedom and wellbeing. While our existing pool provides valuable opportunities for relaxation, it is limited in its therapeutic capacity.

A new, purpose-built therapy pool would enable us to deliver a higher level of support, including structured hydrotherapy sessions and gentle exercise programmes designed to improve both physical and mental health outcomes.



Importantly, hydrotherapy is beneficial across a wide range of conditions, meaning an enhanced facility would allow us to extend our services to adults and young people with neurological and mental health needs, both within our organisation and across the wider community.

In 2026/27 we will allocate £75k from our charitable funds allocated to frailty. Alongside this and our fundraising efforts, we continue to actively pursue funding from national and local grant-making bodies aligned with our mission. We remain committed to achieving our goal and delivering a facility that will have a lasting and meaningful impact on the lives of those we support.

Relaunch our Staff Lottery to benefit Your Hearts and Minds

In April 2026, the RDaSH Staff Lottery will be relaunched as the Your Hearts and Minds Charity Staff Lottery to support staff wellbeing and increase participation.

It has contributed £81k into the charity's income, and with 438 participants (12.5% of staff) generating £28,416 annually, there is significant potential for further growth.



Spending Priorities for 2026/27

During 2026/27 we intend to spend our charitable funds benefiting donors, patients, carers and the wider community by:

- Continuing to invest in St John's Hospice and wider community end of life services
- Installing our new hydrotherapy pool once the total campaign target is met
- Re-running a second community grant process
- Identifying and funding opportunities to support more children and young people under our 'Our Best Start' mission
- Developing plans to open a state of the art Education and Simulation Centre for the Trust and partners.

Find out more about Your Hearts and Minds on our website:
www.yourheartsandminds.org.uk

Please follow us on Facebook, Instagram, X and LinkedIn: @yourheartsandminds
Find out how to make a donation at: <https://yourheartsandminds.org.uk/donate/>

Appendix 1

Objectives and Activities

The Charitable Fund's governing document, the Declaration of Trust, incorporates the object or purpose of the Charitable Fund which is that:

"The Trustee shall hold the trust fund upon trust to apply the income and at its discretion, so far as may be permissible, the capital, for any charitable purpose or purposes relating to the National Health Service."

The Charitable Funds Committee takes account of the Charity Commission's guidance on public benefit in setting or reviewing the guidelines for fund advisers who are authorised to spend charitable funds.

The Charity Commission has a set of objectives for the Charitable Funds Committee. The Charitable Funds Committee works on specific activities to measure progress against these objectives so that we can more clearly demonstrate the effectiveness of our work. These objectives were agreed by the main Board and are shown below:

- Ensure that the Charitable Funds Committee is appropriately structured, managed and sustained to the required legislation;
- To continue to encourage fund raising and donations to the Charitable Fund to benefit service users and communities of the Trust, including St John's Hospice;
- To encourage a broad range of applications for support for initiatives from within and outside RDaSH to deliver benefits to patients, carers and RDaSH communities, in the sphere of mental health and community services;
- To ensure the collection, management, and distribution of all funds strictly in accordance with legislation, best practice, and Trust policies;
- To encourage the larger funds to forward plan their spend to achieve a 2-year turnover of their fund.

Activities

The main activities of the Charitable Fund are to benefit patients, carers, and staff within RDaSH and to support RDaSH services by enhancing and improving the environment for patients, carers, and staff. This is included in the money raised and projects supported in 2025/26.



Corporate Trustee

The Rotherham Doncaster and South Humber NHS Foundation Trust Charitable Fund (Your Hearts and Minds) is a public benefit entity.

RDaSH, the Corporate Trustee, presents the Charitable Fund Annual Report, together with the Financial Statements for the year ended 31 March 2026.

The Charity's Annual Report and Accounts for the year ended 31 March 2026 have been prepared by the Corporate Trustee in accordance with the Charities Act 2011, Charities SORP (FRS 102) 2019 and the Charities (Accounts & Reports) Regulations 2008.

During the period, funds were held for the benefit of Patients, Staff and Carers within RDaSH. Charitable Fund members are recruited and appointed by the Board of Directors of RDaSH. Appointed members are required to be members of the Board of Directors of RDaSH. RDaSH is the Corporate Trustee of the Charitable Fund governed by law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011. The members of RDaSH Board of Directors are shown below:

- Kathryn Lavery, Chair
- Dave Vallance, Non-Executive Director/Vice-Chair
- Pauline Vickers, Non-Executive Director
- Sarah Fulton Tindall, Non-Executive Director
- Kathy Gillatt, Non-Executive Director
- Dr Richard Falk, Non-Executive Director
- Rachel Blake, Non-Executive Director
- Maria Clark, Non-Executive Director
- Toby Lewis, Chief Executive
- Dr Jude Graham, Director of Psychological Professionals and Therapies
- Richard Chillery, Chief Operating Officer
- Steve Forsyth, Chief Nurse
- Richard Banks, Director of Health Informatics
- Philip Gowland, Director of Corporate Assurance/Board Secretary
- Joanne McDonough, Director of Strategic Development
- Dr Diarmid Sinclair, Executive Medical Director
- Simon Sheppard, Director of Finance and Estates
- Carlene Holden, Director of People and Organisational Development
- Runit Shah, Associate Non-Executive Director
- Shabir Pander, NEX Director.

Reference and administrative details

The Charitable Fund was registered as Charity 1055641 with the Charity Commission on 9 April 1996.

Charitable funds received by the Charitable Fund are accepted, held and administered as funds held on trust for purposes relating to the National Health Service and Community Care Act 1990 and these funds are held on trust by the RDaSH corporate body.

Legal and administration

Principal Office
Rotherham Doncaster and South Humber NHS Foundation Trust Woodfield House
Tickhill Road
Balby
Doncaster
DN4 8QN

Bankers

National Westminster
12 High Street
Doncaster
DN1 1EJ

Independent Examiner

GBAC Limited
Old Linen Court
83-85 Shambles
Barnsley
South Yorkshire
S70 2SB

Investment broker

Investec Wealth and Investment Ltd
Beech House
61 Napier Street
Sheffield
S11 8HA

Solicitors

DAC Beachcrofts
LLP 7 Park Square East
Leeds
LS1 2LW

Structure, Governance and Management

The RDaSH Board of Directors devolved responsibility for the ongoing management of the funds to the Charitable Funds Committee, which administers the funds on behalf of RDaSH. When money is given to the Charitable Funds, if it is given with a specific desire by the donor to be used in a certain way, or to be used in a specific area, it is a 'restricted' fund i.e., it can only be spent for the declared purpose.

If the money is given without any specific requirements, it is an 'unrestricted' fund i.e. it can be used anywhere by the committee as long as it satisfies our rules as described by NHS Guidelines. The Charitable Fund's unrestricted fund was established using the Charity Commission's model declaration of a trust for an NHS charity.

RDaSH (the Corporate Trustee) fulfils its legal duty by ensuring that funds are spent in accordance with the objects for each fund. By designating funds, RDaSH respects the wishes of our generous donors to benefit patient care and advance the good health and welfare of patients, carers and staff.

The charitable funds available for spending are generally allocated in accordance with RDaSH operational management structures. Each allocation is managed by use of a 'designated fund' (unrestricted funds that have no limitations or stipulations placed on them by external agencies or donors can be internally restricted for a specific purpose) within the 'general unrestricted fund' (monies to be used for any purpose).

There are six funds within the Charitable Fund which are restricted; these are for the benefit of: St John's Hospice; Our Best Self – Frailty; RDaSH Research – Frailty; Education and Learning – Frailty; Forest Gate and NHS Charities. Last year, it was reported that there were four restricted funds, which were St John's Hospice, Doncaster Frailty Pathway, Forest Gate & NHS Charities. The Doncaster Frailty Pathway restricted fund has been re-aligned into the new fundraising priorities, and the fund has been split into the three reported Frailty funds, sitting within the new fundraising priorities.

By allocating these funds RDaSH respects the wishes of our generous donors to benefit patient care and advance the good health and welfare of patients, carers and staff in a specific way. The Committee is required to:

- Ensure that Charitable Fund resources are appropriately utilised to augment the services and facilities available to RDaSH patients, carers and staff;
- Ensure that the activities of the Charitable Fund are appropriate to the Charitable Fund's aim and comply with the Charity Commission's guidance on Public Benefit;
- Work to ensure that the requirements of the Charity Commission and Charities Acts are complied with;
- Ensure that Annual Accounts and an Annual Report are appropriately prepared in the format required;
- Receive and give direction in the development of policies, procedures and administrative arrangements relating to the Charitable Funds;
- Periodically review the investments held by the Charitable Funds and to ensure that such resources are being effectively managed.

The Charitable Funds Committee met formally four times in 2025/26. The members are shown below. The Charitable Funds Manager attends the meetings and supports the Committee. Investment brokers and other relevant advisors are invited to attend as required.

Non-executive members of the RDaSH Board are appointed or re-appointed by the Governors of the Trust and Executive members of the Board are subject to recruitment by the NHS Foundation Trust Board. Members of both the Trust Board and the Charitable Funds Committee are not individual trustees under charity law but act as agents on behalf of the Corporate Trustee.

Under a scheme of delegated authority approved by the Corporate Trustee, the Committee must approve any expenditure over £10,000. Applications below that limit must have the approval of the Chief Executive.

The Executive Director of Finance and Estates acts as principal officer overseeing the financial management and accounting for the Charitable Fund during the year and reports on the activities of the fund at the monthly meeting of the RDaSH Board members.

The Accounting records and day-to-day administration of the funds are dealt with by the Charitable Funds Manager and Financial Accounts department of RDaSH located at Tickhill Road Site, Balby, Doncaster DN4 8QN.

The induction and training of the Charitable Funds Committee is conducted via on-the-job training and via questions to the Charitable Funds Manager. The HFMA publication 'NHS Charitable Funds: a Practical Guide' is also available for information and relevant Charity Commission links are also forwarded for information. Future plans include providing access to the HFMA e-learning package for Charitable Funds.

No staff are paid directly by Charitable Funds. Any staff costs are paid by the Charitable Fund via a recharge to the RDaSH.

Charitable Funds Committee

The members of the Charitable Funds Committee are also members of RDaSH as follows:

- Pauline Vickers, Non-Executive Director – Chair of the Committee (until February 2026)
- Maria Clark, Non-Executive Director - Chair of the Committee (from March 2026)
- Kathryn Lavery, Chair of the Trust
- Sarah Fulton-Tindall – Non-Executive Director
- Kathy Gillatt, Non-Executive Director
- Toby Lewis, Chief Executive
- Jill Savoury, Deputy Director of Finance
- Jo McDonough, Director of Strategic Development.

Risk Management

The Charitable Funds Committee reviews the performance of the fund on a quarterly, year to date and annual basis. Items reported to the Committee include the value of the investments compared with the previous quarter; the balance of cash reserves held throughout the year, the amount of income and expenditure for the quarter and future spending plans. Any potential risks arising from the report are highlighted in the meeting and discussed. The Committee maintains a risk register which is reviewed as required, any concerns are reported to RDaSH Board.

Key risks were identified as:

- If the level of investment is not managed, then there is a potential of reduced investment performance and therefore a reduction in available expenditure for charitable activities;
- If there is poor financial planning, then this may lead to over commitment of funds and potentially increased pressure in the Doncaster Care Group;
- If there is a lack of fundraising promotion, then this will lead to a lack of committed support and an inability to provide charitable funds expenditure;
- If the reserves policy is not adhered to then there may be a depletion of funds holding leading to no expenditure on charitable activities;
- If the liquidity policy is not adhered to then there may be short term cash flow problems;
- If policy and procedures are not followed, then there may be fraudulent use of funds and loss of reputation for the Trust;
- If donations are not utilised for the benefit of patients, carers and staff, this may lead to reputational damage for the Trust;
- If the Doncaster Frailty Pathway legacy is not utilised, then this may lead to reputational damage to the Trust;
- If policy and procedures in relation to safeguarding and voluntary organisations are not adhered to then there is a risk of loss of reputation for the Trust.
- An action plan is considered in relation to all risks to mitigate any potential adverse impacts.

After each meeting of the Charitable Funds Committee, the Chair presents a report to the RDaSH Board of Directors/Trustees to update it on the most recent work of the Committee providing assurances and escalating matters for further discussion as necessary.

Grant Making Policy

Applications may be made for items which the NHS would not normally fund, and these are classified as charitable activities and must be in line with the objectives of the Charitable Funds.

Applications from the designated funds for items which the NHS would normally fund but is unable to do so due to funds not being available are classified as a support cost to Charitable Funds. They are approved according to the procedure identified above.

During the previous year (2024/25) the available funds for the charity were restructured in line with the 5 new missions of the charity: A Good Start, Our Best Self, Research, Learning and Development and A Good Death. Any donations previously received or new donations with a designated purpose stipulated by the donor are allocated to the appropriate mission with applications for spend against them monitored. The charity no longer has a General Fund.

Grants may also be approved by the committee for specialist charities and patient groups which support the work undertaken by RDaSH. During 2024/25 the Trust awarded charitable funds to 30 local community group and charities, ranging from £1,000 to £3,000 per organisation. The grants were paid in 2025/26, and in total £75,000 was paid, of which £71,000 was to groups external to the NHS, and £4,000 was to 3 local groups within the RDaSH subsidiary. The internal grants were supporting drug and alcohol services within Doncaster, running patient workshops within the primary care mental health hub in Rotherham, and hosting the Togetherness Choir for memory services within Scunthorpe.

Reserves and Liquidity

The Charitable Fund has established a Reserves Policy with the intention of always being able to fund any committed spend whilst considering changes in investment markets.

Investments

The Investment policy criteria aims are:

- Balanced return between income and capital
- Low to medium risk profile
- 3 to 5 year time horizon

Investment Liquidity

The investments held by the Charitable Funds are in a portfolio that can quickly be turned into cash and are therefore liquid in nature. Trustees will maintain an investment of 10% in the fund to allow for price differences in the sale of investments when funds are requested.

Reserves

At 31 March 2026 the Charitable Funds currently has total funds of £1,535,000. All funds are held within restricted or designated fund pots, aligned with the fundraising priorities. Therefore there are no reserves within general funds. The Charitable Fund will limit the level of commitments to 90% of the value of the fund, to allow for fluctuations in the price of its investments.

Any balance in excess of the commitments will therefore be transferred over to a recognised Investment Manager to increase the existing portfolio. Cash not needed for immediate use is invested by Investec Wealth and Investment Ltd on behalf of the Charitable Fund. Balances are reported to the committee on a quarterly basis and are reviewed in line with current spending plans and known commitments.

The Reserves and Liquidity policy is reviewed annually by RDaSH to identify any actions required to bring the amount of reserves it holds into line with the level of reserves identified by the trustees as appropriate given plans for the future activities of the charity.

The total cash available as of 31 March 2026 was £344,000. The reserves policy states that this liquid cash balance should cover at least a year's net forward commitments. The recognised forward commitments, as set out in note 9, are:

Independent Examination Fees £2,592

Investec Management Fees £4,152

Invoices logged, not paid £694

Payments to RDaSH £77,963

= Total £85,401.

Going Concern

Each year the Trustee makes an assessment of the Charitable Funds ability to continue as a going concern. RDaSH has a reasonable expectation that the services provided by the Charitable Funds will continue to be provided for the foreseeable future. This has been considered with reference to a cash flow projection for future spends. This meets with the reserves and liquidity policy, and therefore RDaSH considers that the going concern assumption is an appropriate basis on which to prepare these financial statements.

There is a reasonable expectation that the Charitable Funds has adequate resources to continue in operational existence for at least 12 months from the date of approval of these financial statements. For this reason, it continues to adopt the going concern basis in preparing the accounts.



Appendix Two

ROTHERHAM DONCASTER AND SOUTH HUMBER
NHS FOUNDATION TRUST CHARITABLE FUND

FUNDS HELD ON TRUST
ANNUAL ACCOUNTS 2025-26

The accounts of the Funds Held on by Rotherham Doncaster and South
Humber NHS Foundation Trust (RDaSH).

FOREWORD

These accounts for the year ended 31 March 2026 have been prepared by the Trustee in accordance with the Charities Act 2011, Charities SORP (FRS 102) 2019 and the Charities (Accounts & Reports) Regulations 2008.

STATUTORY BACKGROUND

The Rotherham Doncaster and South Humber NHS Foundation Trust Charitable Funds (Charitable Funds) Held on Trust are registered with the Charity Commission and include funds in respect of Doncaster, Rotherham, North Lincolnshire and North East Lincolnshire services.

The Rotherham Doncaster and South Humber NHS Foundation Trust Charitable Funds is a public benefit entity.

CONTROLLING PARTY

The Charitable Fund is controlled by its parent, Rotherham Doncaster and South Humber NHS Foundation Trust, Holly Lodge, Tickhill Road Site, Balby, Doncaster, DN4 8QN.

MAIN PURPOSE OF THE FUNDS HELD ON TRUST

The main purpose of the Charitable Funds is to apply income for any charitable purpose relating to the National Health Service.

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

Statement of Trustee responsibilities

The Rotherham Doncaster and South Humber NHS Foundation Trust is the Corporate Trustee of the Charity governed by law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

The Trustee is responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 - The Financial Reporting Standard applicable in the UK and Republic of Ireland.

The law applicable to charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustee is required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

By Order of the Trustee



Chair

28 May 2026



Chair of the Charitable Funds committee

28 May 2026

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEE OF ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUNDS

I report to the corporate trustee on my examination of the accounts of Rotherham Doncaster and South Humber NHS Foundation Trust Charitable Funds ("the Trust") for the year ended 31 March 2026 which comprise the income and expenditure account, the balance sheet and the related notes 1 to 19.

This report is made solely to the charity's trustee, as a body, in accordance section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity's trustee those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustee as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity trustee you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the 2011 Act"). You are satisfied that your charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of your charity's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Victoria Jane Davies
FCCA
for and on behalf of GBAC Limited
Old Linen Court
83-85 Shambles Street
Barnsley
South Yorkshire
S70 2SB

Date

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

Statement of Financial Activities for 31 March 2026

	Note	Unrestricted Funds £000	Restricted Funds £000	2025/26 Total Funds £000	2024/25 Total Funds £000
Income and endowments from:					
Donations, Grants and legacies	3	176	373	549	317
Other trading activities	4	112	0	112	18
Investments	5	10	26	36	50
Total income		298	399	697	385
Expenditure on:					
Raising funds	6	(36)	(33)	(69)	(50)
Charitable activities	7				
- Patients' Welfare and Amenities		(482)	(380)	(862)	(805)
- Staff Welfare and Amenities		(21)	(41)	(62)	(33)
- New Building and Refurbishment		(11)	0	(11)	0
- Grants to non-NHS bodies	8	(23)	(48)	(71)	0
		(537)	(469)	(1,006)	(838)
Total expenditure		(573)	(502)	(1,075)	(888)
Net gains/(losses) on investments		26	70	96	28
Net (expenditure)/income		(249)	(33)	(282)	(475)
Transfers in year between funds		0	0	0	0
Net Movement in funds		(249)	(33)	(282)	(475)
Reconciliation of funds					
Fund balances brought forward at 1 April 2025	18	607	1,210	1,817	2,292
Fund balances carried forward at 31 March 2026	18	358	1,177	1,535	1,817

All gains and losses recognised in the year are included in the Statement of Financial Activities

The notes at pages 35 to 47 form part of this account.

**ROTHERHAM DONCASTER AND SOUTH HUMBER
NHS FOUNDATION TRUST CHARITABLE FUND**

Balance Sheet as at 31 March 2026

	Note	Unrestricted Funds £000	Restricted Funds £000	Total at 31 March 2026 £000	Total at 31 March 2025 £000
Fixed assets					
Investments	14	<u>298</u>	<u>977</u>	<u>1,275</u>	<u>1,447</u>
Total fixed assets		<u>298</u>	<u>977</u>	<u>1,275</u>	<u>1,447</u>
Current assets					
Debtors	15	0	1	1	14
Cash and cash equivalents	16	<u>80</u>	<u>264</u>	<u>344</u>	<u>431</u>
Total current assets		<u>80</u>	<u>265</u>	<u>345</u>	<u>445</u>
Current liabilities					
Creditors falling due within one year	17	(20)	(65)	(85)	(75)
Net current assets		<u>60</u>	<u>200</u>	<u>260</u>	<u>370</u>
Net assets		<u><u>358</u></u>	<u><u>1,177</u></u>	<u><u>1,535</u></u>	<u><u>1,817</u></u>
Funds of the charity					
Restricted income funds	18	0	1,177	1,177	1,210
Unrestricted income funds	18	358	0	358	607
Total charity funds	18	<u><u>358</u></u>	<u><u>1,177</u></u>	<u><u>1,535</u></u>	<u><u>1,817</u></u>

These financial statements of Rotherham Doncaster and South Humber Charitable Funds registered number 1055641 were approved by the Board of Trustees and authorised for issue. They were signed on its behalf by:



Kath Lavery
Chair
28 May 2026

**ROTHERHAM DONCASTER AND SOUTH HUMBER
NHS FOUNDATION TRUST CHARITABLE FUND**

Statement of Cash Flow for 31 March 2026

	Note	2025/26 £'000	2024/25 £'000
Cash flows from operating activities:			
Net cash (used in) provided by operating activities	19	(390)	(834)
Cash flows from investing activities:			
Dividends and interest	5	36	50
Proceeds from sale of investments	14	567	1,007
Purchase of investments	14	(300)	(344)
Net cash provided by investing activities		303	713
Change in cash and cash equivalents in the reporting period		(87)	(121)
Cash and cash equivalents at the beginning of the reporting period		431	552
Cash and cash equivalents at the end of the reporting period	16	<u><u>344</u></u>	<u><u>431</u></u>

Net Debt Reconciliation for 31 March 2026

	1st April 2025	Cash flows	Acquisitions & disposals	31st March 2026
Cash and cash equivalents	431	(354)	267	344
Bank overdraft	0	0	0	0
Bank loans	0	0	0	0
	<u>431</u>	<u>(354)</u>	<u>267</u>	<u>344</u>

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

Notes to the Accounts

1 Accounting Policies

1.1 Basis of preparation

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at market value. The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective 1 January 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies.

1.2 Funds structure

Unrestricted funds comprise those funds which the trustee is free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds, where the donor has made known their non-binding wishes or where the trustee, at its discretion, has created a fund for a specific purpose. Restricted funds are those which must be used for a specific purpose as set out by the donor, or by the terms of a public appeal, or are subject to a restriction on the expenditure of capital.

1.3 Total Income

All total income is recognised once the Charitable Fund has entitlement to the resources, it is probable that the resources will be received and the monetary value of them can be measured with sufficient reliability.

Grants received from government and public bodies which are attributable to charitable funds (ie. for a charitable purpose) are identified as charitable.

Grants that are received from non-public bodies for a charitable purpose are treated as charitable fund donations, and therefore should be identified as such.

1.4 Income from legacies

Legacies are accounted for as income either upon receipt or where the receipt of the legacy is probably certain. This will be once confirmation has been received from the representatives of the estate that payment of the legacy will probably be made or property transferred and once all conditions attached to the legacy have been fulfilled.

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

Notes to the Accounts

1.5 Expenditure

The Charitable Fund's accounts are prepared in accordance with the accruals concept, and expenditure is recognised when a liability is incurred.

- i) **Grants payable**
Grant payments are only made to related or third party NHS bodies and non-NHS third parties in furtherance of the charitable objectives of the funds. A liability for such grants is recognised when approval has been given by RDaSH and the conditions for their payment have been met, or where a third party has a reasonable expectation that they will receive the grant.
- ii) **Governance & Support costs**
Governance & Support costs comprise all costs incurred in the governance of the Charitable Fund. These include external examination fees, recharges of appropriate proportions of salaries and internal audit fees from RDaSH, where applicable. The Charitable Fund Committee agree and ensure that the governance & support costs comply with the policy for charging administration and support costs.
- iii) **Costs of raising funds**
The costs of generating funds, are those costs solely attributable to investment management, and represent the brokerage charges and investment management fees incurred.

1.6 Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

1.7 Transfer of funds

Funds may be transferred for administrative purposes but they are kept for the purpose for which the donation was given.

1.8 Fixed asset investments

Fixed asset investments are stated at market value as at the balance sheet date. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals throughout the year.

The Charitable Fund is restricted from making direct investments into companies involved in the manufacture of alcohol or tobacco.

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

Notes to the Accounts

1.9 Short term investments

Short term investments consist of an instant access bank account and a 95 day notice account for longer term investment.

1.10 Realised gains and losses

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening market value (or purchase date if later). Unrealised gains and losses are calculated as the difference between the market value at the year end and the opening market value (or purchase date if later).

1.11 Grant making policies

The fund managers have delegated authority from the Charitable Fund to decide how the funds may be spent.

Grants may be made to other NHS Trusts in order to transfer funds which could more readily be used for their intended purpose by the recipient Trust.

Grants may also be made to external organisations within strict limitations and criteria. In particular it must be to an organisation which is an accredited, properly constituted body which support RDaSH patients and/or service users or carers, and it must be able to demonstrate that the service it offers provides significant benefit to RDaSH patients, service users or carers.

Applications from other organisations must have the support of senior RDaSH management and are approved or otherwise at the discretion of the Charitable Funds committee.

1.12 Allocation and apportionment of costs

Costs are apportioned and allocated to the funds on the basis of the average fund balance during the year.

1.13 Preparation of financial statements - going concern basis

(See statement in Annual Report)

Each year, as part of the accounts preparation process, the Trustee, RDaSH, makes an assessment of the Charitable Funds ability to continue as a going concern. It has been especially important this year as a result of the continuing cost of living crises. RDaSH, has a reasonable expectation, that the services provided by the Charitable Funds will continue to be provided for the foreseeable future. This has been considered with reference to a cash flow projection for future spends, avoiding recurring costs and is reviewed on a quarterly basis. This meets with the reserves and liquidity policy, and therefore RDaSH considers that the going concern assumption is an appropriate basis on which to prepare these financial statements.

For this reason, it continues to adopt the going concern basis in preparing the accounts.

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

Notes to the Accounts

1.14 Judgements and Estimates in applying accounting policies

The following are the judgements and estimates that management has made in the process of applying the accounting policies and that have the most significant effect on the amounts recognised in the financial statements.

Judgements

There are no critical Judgements made.

Estimates

Investment Valuation

Investment values are kept up to date, the charity receives investment valuations from its investment advisors. The valuations are based on market information.

1.15 Leases

Operating leases

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. Lease incentives are recognised initially in other liabilities on the statement of financial position and subsequently as a reduction of rentals on a straight-line basis over the lease term.

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

Notes to the Accounts

2 Prior Year Comparatives

2.1 Unrestricted Funds - Statement of Financial Activities for 31 March 2026

	2025/26 £000	2024/25 £000
Income and endowments from:		
Donations, Grants and legacies	176	277
Other trading activities	112	18
Investments	10	20
Total income	298	315
Expenditure on:		
Raising funds	(36)	(25)
Charitable activities		
- Patients' Welfare and Amenities	(482)	(802)
- Staff Welfare and Amenities	(21)	(12)
- New Building and Refurbishment	(11)	0
- Grants to non-NHS bodies	(23)	0
	<u>(537)</u>	<u>(814)</u>
Total expenditure	(573)	(839)
Net gains/(losses) on investments	26	11
Net income / (expenditure)	(249)	(513)
Transfers between funds	0	0
	<u></u>	<u></u>
Net Movement in funds	(249)	(513)
Reconciliation of funds		
Fund balances brought forward at 1 April 2025	607	1,120
Fund balances carried forward at 31 March 2026	358	607

2.2 Unrestricted funds - Balance Sheet as at 31 March 2026

	2025/26 £000	2024/25 £000
Fixed assets		
Investments	298	484
Total fixed assets	298	484
Current assets		
Debtors	0	4
Cash and cash equivalents	80	144
Total current assets	80	148
Current liabilities		
Creditors falling due within one year	(20)	(25)
Net current assets	60	123
Net assets	358	607
Total unrestricted funds	358	607

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

Notes to the Accounts

2 Prior Year Comparatives

2.1 Restricted Funds - Statement of Financial Activities for 31 March 2026

	2025/26 £000	2024/25 £000
Income and endowments from:		
Donations, Grants and legacies	373	40
Other trading activities	0	0
Investments	26	30
Total income	399	70
Expenditure on:		
Raising funds	(33)	(25)
Charitable activities		
- Patients' Welfare and Amenities	(380)	(3)
- Staff Welfare and Amenities	(41)	(21)
- New Building and Refurbishment	0	0
- Grants to non-NHS bodies	(48)	0
	(469)	(24)
Total expenditure	(502)	(49)
Net gains/(losses) on investments	70	17
Net income / (expenditure)	(33)	38
Transfers between funds	0	0
Net Movement in funds	(33)	38
Reconciliation of funds		
Fund balances brought forward at 1 April 2025	1,210	1,172
Fund balances carried forward at 31 March 2026	1,177	1,210

2.2 Restricted funds - Balance Sheet as at 31 March 2026

	2025/26 £000	2024/25 £000
Fixed assets		
Investments	977	963
Total fixed assets	977	963
Current assets		
Debtors	1	10
Cash and cash equivalents	264	287
Total current assets	265	297
Current liabilities		
Creditors falling due within one year	(65)	(50)
Net current assets	200	247
Net assets	1,177	1,210
Total restricted funds	1,177	1,210

ROTHERHAM DONCASTER AND SOUTH HUMBER
NHS FOUNDATION TRUST CHARITABLE FUND

Notes to the Accounts

Donations and legacies	3	Unrestricted Funds	Restricted Funds	Total 2025/26 Funds £000	Unrestricted Funds	Restricted Funds	Total 2024/25 Funds £000
		£000	£000	£000	£000	£000	£000
		165	4	169	167	1	168
Donations from individuals		11	21	32	0	39	39
Grants		0	348	348	110	0	110
Legacies							
Total		176	373	549	277	40	317

Other trading activities	4	Unrestricted Funds	Restricted Funds	Total 2025/26 Funds £000	Unrestricted Funds	Restricted Funds	Total 2024/25 Funds £000
		£000	£000	£000	£000	£000	£000
		31	0	31	18	0	18
Events organised by the fundraising team		81	0	81	0	0	0
Charity Staff Lottery							
Total		112	0	112	18	0	18

Investment income	5	Unrestricted Funds	Restricted Funds	Total 2025/26 Funds £000	Unrestricted Funds	Restricted Funds	Total 2024/25 Funds £000
		£000	£000	£000	£000	£000	£000
		10	26	36	20	30	50
Fixed asset equity and similar investment							
Total		10	26	36	20	30	50

**ROTHERHAM DONCASTER AND SOUTH HUMBER
NHS FOUNDATION TRUST CHARITABLE FUND**

Notes to the Accounts

Raising funds	6	Note	Unrestricted Funds	Restricted Funds	Total 2025/26 Funds	Unrestricted Funds	Restricted Funds	Total 2024/25 Funds
			£000	£000	£000	£000	£000	£000
			15	0	15	6	0	6
		Fundraising events	8	13	21	7	12	19
		Investment management	13	20	33	12	13	25
		Governance & Support Costs						
		Total	36	33	69	25	25	50

Allocation of central expenditure on a % basis - based on quarterly fund values

Analysis of charitable expenditure	7		Grant funded activity	Expenditure of funds	Total 2025/26 Funds	Grant funded activity	Expenditure of funds	Total 2024/25 Funds
			£000	£000	£000	£000	£000	£000
			0	862	862	0	805	805
		Patients' Welfare and Amenities	41	21	62	0	33	33
		Staff Welfare and Amenities	11	0	11	0	0	0
		New Building and Refurbishment	0	71	71	0	0	0
		Grants to non-NHS bodies						
		Total	52	954	1,006	0	838	838

Patient and Staff Welfare: In the 2025/26 accounts, £842k was spent on employment of staff based at St John's Hospice, and supporting the Hospice activities, and in the 2024/25 accounts, £763k was incurred on the same activity. In the 2024/25 accounts, this expenditure was classed as staff welfare. These costs have been recategorised in the 2025/26 accounts as patients' welfare. The prior year comparative figures have been amended to the updated categorisation. The accounts have not been restated as a prior period adjustment as the adjustment is only between patients' welfare and staff welfare.

Analysis of Grants	8		No. of grants awarded 2025/26	Total amount paid 2025/26 £000	No. of grants awarded 2024/25	Total amount paid 2024/25 £000
			30	71	0	0
		Grants awarded				
		Total	30	71	0	0

Support costs related to grant-making activities included assessing bids, communication with bidders, payments of grants and follow-up communication. The value of these support costs are immaterial (<£1k). All grants were paid to institutions rather than individuals. Grants were to benefit RDASH patients and to demonstrate a positive impact on our local communities.

Movements in funding commitments	9		Current liabilities	Non-current liabilities	Total 2025/26 £000	Current liabilities	Non-current liabilities	Total 2024/25 £000
			150	0	150	358	0	358
		Opening Balance at 1 April	(150)	0	(150)	(358)	0	-358
		Utilised during the reporting period						
		Amounts charged during the reporting period	85	0	85	150	0	150
		Total	85	0	85	150	0	150

The outstanding commitments at 31st March 2026 is a recharge payment owing to RDASH, £78k, plus accruals for the 2025/26 Independent Examination fee and the quarter 4 of 2025/26 Investec fee.

The recharge payment owing to RDASH is for one month's worth of expenditure paid by RDASH on behalf of the Charity, for salary recharges and purchase ledger invoices.

Un-recognised commitments

The Charitable funds has un-recognised commitments of £857k funded via existing Hospice funds, future donations and legacies.

Hospice clinical staff (per annum) £247k, ongoing

Hospice clinical community staff (per annum) £230k, ongoing

Hospice patient support staff (per annum) £137k, ongoing

Admin and fundraising staff (per annum) £243k, ongoing

These un-recognised commitments were approved at the Charitable Funds committee and are reviewed on an annual basis to ensure they are affordable within the Hospice funds available.

Allocation of support costs and overhead	10		Raising funds	Charitable activities	Total 2025/26 £000	Raising funds	Charitable activities	Total 2024/25 £000
			£000	£000	£000	£000	£000	£000
			0	3	3	0	2	2
		Independent Examiner fees	26	0	26	6	0	6
		Other professional fees	0	19	19	0	23	23
		Admin Support (Recharge)	26	22	48	6	25	31
		Governance & Support Costs	21	0	21	19	0	19
		Investment Management						
		Total	47	22	69	25	25	50

Other professional fees relate to various fund raising and other expenses.

Admin Support (Recharge) is the charge from RDASH to the Charity for finance and administration support.

ROTHERHAM DONCASTER AND SOUTH HUMBER
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Notes to the Accounts

Reserve Policy	11	The policy aims to implement controls to ensure that the liquid funds are, as a minimum, equal to the level of current commitments at all times. The Charitable Fund will limit the level of commitments to 90% of the value of the fund, to allow for fluctuations in the price of its investments. Any balance in excess of this amount will therefore be transferred over to a recognised Investment Manager to increase the existing portfolio. Cash not needed for immediate use is invested by Investec Wealth & Investment Ltd on behalf of the Charitable Fund, in order to generate income and capital growth. The remainder of the cash is held in a combination of current and short notice investment accounts with the NatWest bank. These accounts are reviewed quarterly in order to ensure maximum return is received on the balances whilst still being available for the Charitable Funds use. All of these balances are reported to the committee on a quarterly basis and are reviewed in line with spending plans and known commitments.
Related party 12 transactions		The members of the Charitable Fund Committee are also members of the RDaSH Trust Board. During the year none of the members of RDaSH Trust Board or senior RDaSH staff or parties related to them were beneficiaries of the Charitable Funds. Transactions relating to administration charges paid to RDaSH for services provided throughout the year amounted to £18,512 (2024/25 £18,512). At 31 March 2026 the total for creditors included an amount of £77,963 (2024/25 £72,382) owed to RDaSH for invoices and salary costs paid on behalf of the Charitable Fund.
Tax exemptions	13	The Charitable Fund is a registered charity, and as such is entitled to certain tax exemptions on income and profits from investments, and surpluses on any trading activities carried on in furtherance of the Charitable Fund's primary objectives, if these profits and surpluses are applied solely for charitable purposes. There is no tax charge for financial year 2025/26 (2024/25 no tax charge).

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

Notes to the Accounts

Investments	14		2025/26	2024/25
			£000	£000
		Investments:		
		<i>Movement in investment</i>		
		Market value at 1 April	1,447	2,082
		Less: Disposals at carrying value	(491)	(1,007)
		Add: Acquisitions at cost	266	344
		Net (loss)/gain on revaluation	53	28
		Market value at 31 March	1,275	1,447
		Historic cost at 31 March	1,077	1,301
		Investments by type		
			2025/26	2024/25
			£000	£000
		Equities	750	567
		Fixed Income	472	594
		Alternative Assets	0	205
		Property	0	62
		Cash held as part of the investment portfolio	53	19
		Total	1,275	1,447
Debtors	15		31 March	31 March
			2026	2025
		Amounts falling due within one year:	£000	£000
		Accrued Income	0	14
		Prepayment	1	0
		Total	1	14
Cash and cash equivalents	16	Short Term Investments and Deposits	31 March	31 March
			2026	2025
			£000	£000
		Cash at bank and in hand	190	280
		95 Day Notice account	154	151
		Total	344	431
Creditors falling due within one year	17		31 March	31 March
			2026	2025
		Amounts falling due within one year:	£000	£000
		Creditors *	85	75
		Total	85	75

*At 31 March 2026 the total for creditors included an amount of £77,963 (2024/25 £72,382) owed to RDaSH for invoices and salary costs paid on behalf of the Charitable Funds.

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

Notes to the Accounts

The tables below show the balances and movements within Unrestricted Funds for the year to 31st March 2026 with the comparative year balances and movements for the year to 31st March 2025.

Details of material funds: unrestricted funds	18	Unrestricted Funds					
		Balance 31 March 2025 £000	Income £000	Expenditure £000	Gains and Losses £000	Balance 31 March 2026 £000	
		Designated funds					
	H	Education and Learning	141	11	(4)	9	157
	I	A Good Start	51	2	(21)	2	34
	A	A Good Death	415	185	(520)	12	92
	B	Our Best Self	0	100	(28)	3	75
		Total	607	298	(573)	26	358
		Balance 31 March 2024 £000	Income £000	Expenditure £000	Gains and Losses £000	Balance 31 March 2025 £000	
	Designated funds						
H	Education and Learning	154	9	(24)	2	141	
I	A Good Start	50	1	(1)	1	51	
A	A Good Death	916	305	(814)	8	415	
	Total	1,120	315	(839)	11	607	

Details of material funds	18	Name of fund	Description of the nature and purpose of each fund
		H Education and Learning	To support education and learning activities which go above and beyond normal NHS funding in order to improve the care and experience of patients
		I A Good Start	To support the treatment and care of Children and Young People
		A A Good Death	To provide end of Life Care including hospice services (this fund was formerly known as the St John's Hospice).
		B Our Best Self	To support mental health services with fundraising directed towards a hydrotherapy pool

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

Notes to the Accounts

The tables below show the balances and movements within Restricted Funds for the year to 31st March 2026 with the comparative year balances and movements for the year to 31st March 2025.

Details of material funds: restricted funds	18	Restricted Funds	Balance 31 March 2025 £000	Income £000	Expenditure £000	Gains and Losses £000	Balance 31 March 2026 £000
		A A Good Death	28	348	(376)	0	0
		B Our Best Self - Forest Gate	23	1	(1)	1	24
	45%	C1 Our Best Self - Frailty	504	15	(51)	29	497
	45%	C2 RDaSH Research - Frailty	506	11	(20)	31	528
	10%	C3 Education and Learning - Frailty	112	2	(12)	7	109
		D General Fund - NHS CT	37	22	(42)	2	19
		Total	1,210	399	(502)	70	1,177

18	Restricted Funds	31 March 2024 £000	£000	£000	Losses £000	31 March 2025 £000
	A A Good Death (St John's Hospice)	28	1	(1)	0	28
	B Forest Gate	22	1	0	0	23
	45% C1 Our Best Self - Frailty	497	12	(12)	7	504
	45% C2 RDaSH Research - Frailty	497	13	(11)	7	506
	10% C3 Education and Learning - Frailty	110	3	(3)	2	112
	D General Fund - NHS CT	18	40	(22)	1	37
	Total	1,172	70	(49)	17	1,210

Details of material funds	18	Name of fund	Description of the nature and purpose of each fund
		A A Good Death	To provide end of Life Care including hospice services (this fund was formerly known as the St John's Hospice). Legacies to this fund are categorised as restricted funds.
		B Forest Gate (Our Best Self)	This fund represents a donation that was specifically received for Forest Gate. The main purpose is to provide extra comforts for patients who use the day services. Funding is available until such a time that the funds are expended fully.
		C Doncaster Frailty Pathway (to Sept 2024)	Up to September 2024, there was a single restricted fund for Frailty Pathway, providing enhanced clinical therapy for the Frailty Pathway patient group. This fund was reallocated in October 2024 within the new "Your Hearts and Minds" fundraising missions to the three Frailty funds below.
		C1 Our Best Self - Frailty	Our Best Self funding priority is to support the mental wellbeing of patients and staff.
		C2 RDaSH Research - Frailty	Research funding priority is to support research activities which go above and beyond normal NHS funding in order to improve the care and experience of patients.
		C3 Education and Learning - Frailty	Education and Learning funding priority is to support research activities which go above and beyond normal NHS funding in order to improve the care and experience of patients.
		D NHS Charities Together (Our Best Self)	This fund represents a grant from NHS Charities Together to fund the health and wellbeing of Staff, Volunteers and Patients.

ROTHERHAM DONCASTER AND SOUTH HUMBER NHS FOUNDATION TRUST CHARITABLE FUND

Notes to the Accounts

19 Reconciliation of net income to net cash flow from operating activities

	2025/26 £000	2024/25 £000
Net income/(expenditure) for 2025/26 (as per the Statement of Financial Activities)	(282)	(475)
Adjustments for:		
(Gains)/losses on investments	(43)	113
Dividends, interest and rent from investments	(36)	(50)
Unrealised movements on funds	(53)	(141)
Decrease/(increase) in debtors	13	2
(Decrease)/increase in creditors	11	(283)
Net cash (used in) provided by operating activities	<u>(390)</u>	<u>(834)</u>

20 Leases

Operating leases

This note discloses costs and commitments incurred in operating lease arrangements where the Charitable Fund is the lessee. The Charitable Fund had a lease for a fish tank within the inpatient reception hub, at The Woodlands unit. The cost of the lease was £828.00 per year. It commenced in February 2024 and is for 2 years with a minimum lease term of 1 year. It expired and has not been renewed. There are no new commitments for leases in 2025/26.

	2025/26 £000	2024/25 £000
Operating lease expense		
Minimum lease payments	<u>0</u>	<u>1</u>
Total	<u><u>0</u></u>	<u><u>1</u></u>

	2025/26 £000	2024/25 £000
Future minimum lease payments due:		
- not later than one year;	0	1
- later than one year and not later than five years;	<u>0</u>	<u>0</u>
Total	<u><u>0</u></u>	<u><u>1</u></u>

